DELTA DENTAL

Healthy mouth Healthy body

Schedule Your Preventive Exams Today!

Everyone knows it's important to brush at least twice daily and floss regularly. But good oral hygiene impacts more than just your smile. Your dental health can greatly impact your overall health, and also your pocketbook.

did you know?

- As many as 120 physical illnesses can be detected during an examination of the mouth, throat, and neck – including diabetes and heart disease.
- Gum disease may be associated with other disease elsewhere in the body
- Every $1 spent on preventive oral care saves $4 in treatment costs
- The lifetime cost of a cavity can total more than $2,000
- Fluoride treatments and sealants are available for children to help prevent cavities, which can be costly to treat.
- City employees and spouses receive 10 Healthy Reward points for a Preventive Dental Exam

remember

- See your dentist regularly. Diagnostic and preventive services are covered through most Delta Dental benefits plans.
- Find a network dentist in your area. Go to **www.deltadentalwi.com** and click on the "Provider Search" tab.
- Have a question about what is covered by your plan? Delta Dental benefit advisors are here to help! Call **800-236-3712**.

See Your Dentist Right Away If:

- Gums bleed often or pull away from your teeth
- Teeth are loose or separating
- You see red or white patches on gums, tongue, or mouth floor
- Mouth or jaw pain persists
- Mouth sores don't heal in two weeks
- You have problems swallowing or chewing

PHASE II HEALTHY REWARDS WELLNESS YOUR CHOICE MILWAUKEE

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www.deltadentalwi.com

SS328-1710 (City of MKE)