

Well Badger Resource Center

Health information specialists available to answer questions and provide referrals regarding mental health/substance abuse; financial health; children and youth with special healthcare needs; healthcare coverage and services; nutrition; and pregnancy and parenting. For assistance, call 1-800-642-7837; text 608-360-9328; email help@wellbadger.org; send a Facebook message to @WellBadger; or visit wellbadger.org for an online chat, to search their directory, or to fill out a webform.

IMPACT 2-1-1

A central access point for people in need. During times of personal crisis or community disaster, the free, confidential helpline and online resource directory make it easy for residents to get connected to information and assistance. Call 211, text your zip code to TXT-211 (898-211), or visit their website to online chat or search the database at impactinc.org/impact-2-1-1/ if looking for assistance with the following:

- Alcohol/other Drug Abuse
- Child and Elder Care
- Crisis Intervention
- Financial and Legal
- Mental Health
- Shelter
- Food Pantries

Food Programs

All referrals to food Pantries must go through Impact 2-1-1. Call 211 or (866) 211-3380 for a referral to a pantry in your area.

You will be asked for the

- Zip Code of your household;
- the number of household members in need of food;
- name and age of the person who will pick up food; and
- which (if any) food pantries you visited within the past 30 days.

Sixteenth Street Community Health Centers

Sixteenth Street Community Health Centers Bilingual providers of medical, services, behavioral health services, parenting programs and more are available in a variety of locations in Milwaukee. Call 414-672-1353 to get help and support.

Parenting and Family Services

[4C for Children](#) 414-562-2676
Connecting people and resources to cultivate accessible and high-quality early care and education for the benefit of children, families, and communities.

[Birth to 3](#) 414-289-6799
An early intervention program for children with developmental delays and disabilities ages birth to 3 and their families.

[Parenting Helpline](#) 414-671-0566
Free confidential phone counseling about any parenting issue, parenting classes, home visiting programs, and referrals to community resources.

[Hope Network](#) 262-251-7333
A volunteer-based grass roots support system that provides emotional and material support to single mothers and their children in the greater Milwaukee area. Become a member by calling or visiting hopenetworkinc.org.

City of Milwaukee Health Dept.
[Home Visiting Programs](#) 414-286-8620
Home visiting programs for expecting moms and for dads. Programs support families with prenatal care, improved birth outcomes, and child development education.

[Cribs for Kids](#) 414-286-8620
Provides education and a safe place for infants to sleep for qualifying Milwaukee residents.

[UMOS Latina Resource Center](#) 414-389-6000
Provides programs and services for employment, education, health, and housing.

Immunizations

Your child's doctor knows your child's health best. It is recommended that your child's doctor be contacted first regarding immunizations. Contact your local health department for additional information.

[Milwaukee Health Department](#) 414-286-8034



Mental Health

[Milwaukee County Crisis Line](#) 414-257-7222
Provides help to individuals who are experiencing a mental health crisis. We make it a goal to prevent hospitalization as much as possible, but part of our services includes emergency hospitalization if that is needed. The entry-point for Crisis Services is the Crisis Line, which is answered 24/7/365.

Post-Partum Support International *call or text 800-944-4773*
[International](#)
A 24 hour mental health helpline to support families during pregnancy, pregnancy loss, and the postpartum period.

Domestic Violence

[Milwaukee Women's Center](#) 414-671-6140
[Sojourner Family Peace Center](#) 414-933-2722
[Center](#) *or text 414-877-8100*
[Latina Resource Center Crisis Line](#) 414-389-6510

Alcohol, Smoking, and Drug Use Services

Substance use during pregnancy, breastfeeding, and parenting can be dangerous, with a variety of harmful effects on both adults and children. The effects can be short or long term and may be physical, mental, social, emotional, and financial. You are not alone. Many others know what it's like and can help you quit, give you tips, and support you along the way.

Al-Anon Family Groups 888-425-2666
Meeting information 414-257-2415
al-anon.org

Alcoholics Anonymous
24-hour Hotline 414-771-9119
www.aamilwaukee.com

Aurora AODA Treatment 414-773-4312
Information and scheduling
www.aurorahealthcare.org

Benedict Center 414-347-1774
www.benedictcenter.org

Community Advocates/
Milwaukee Women's Center 414-449-4777
www.communityadvocates.net

IMPACT AODA Services 414-256-4808
www.impactinc.org
Provides services for alcohol and drug abuse issues;
provider for Milwaukee County OWI assessments.

Meta House 414-962-1200
Residential treatment for women with AODA issues and
their children.

Wisconsin Addiction Call 211 *or*
Recovery Hotline 833-944-4673
addictionhelpwi.org
Available statewide, 24/7, 365 days a year

Substance Abuse and Mental Health
Hotline (SAMSHA) 800-662-4357
Confidential service available 24/7, 365 days a year

Quit Line 800-784-8669
www.ctri.wisc.edu/quitline or text READY to 200-400



Public Assistance Programs

Medicaid and Other Health Programs 800-291-2002
The State of Wisconsin offers a number of health benefits programs for eligible children, individuals, and families. For eligibility information, call Medicaid Enrollment Services.

Community Health Access Program 414-286-8620
Provides assistance for determining eligibility and enrollment into the following services:

- Health Insurance Marketplace (private insurance)
- BadgerCare (Medicaid)
- Family Planning Waiver
- Title 19
- Express Enrollment for pregnant women and kids
- FoodShare
- Energy Assistance
- Dental Services
- Free and sliding-fee clinics

Milwaukee Enrollment Services 888-947-6583
<https://access.wisconsin.gov/access/>
Provides health, nutrition, and childcare assistance through FoodShare, health care, W2, prescription drug plans, family planning waivers, energy assistance and tax credits.

Wisconsin W2 608-422-7000
<https://dcf.wisconsin.gov>

Rent Assistance and Housing Programs
City of Milwaukee 414-286-5650
Milwaukee County 414-278-4894

Milwaukee County Resource Guide

2023



This institution is an equal opportunity provider.

This material is available in alternative formats for individuals with disabilities upon request. Please contact 414-286-3475, ADACoordinator@milwaukee.gov or TTY: 711.

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