

## Milwaukee Health Department Kev Qhia Txog Rov Qab Qhib Tsev Kawm Ntawv Qib K-12 Rau Xyoo 2021-2022

### *Cov Lus Nug Heev Tshaj*

#### Tsev kawm ntawv puas yuav tsum xa daim ntawv npaj kom muaj kev nyab xeeb tuaj ua ntej tsev kawm ntawv qhib?

- Tsis xa, tsis hais kom tsev kawm ntawv xa daim ntawv npaj kom muaj kev nyab xeeb tuaj rau MHD lub sij hawm no.

#### Tsev kawm ntawv yuav ua li cas thiaj muaj kev nyab xeeb thaum qhib tsev kawm ntawv?

- Kev tiv thaiv tus mob COVID-19 muaj 2,3 yam xws li, **sawv daws npog qhov ncauj qhov ntswg, txawm hais tias twb txhaj tshuaj tag lawm los tsis tau txhaj**, kom tsev kawm ntawv yog ib qhov chaw muaj kev nyab xeeb rau cov me nyuam kawm ntawv thiab cov neeg ua hauj lwm.
- **Tsev kawm ntawv yuav tsum txhawb kom txhua tus neeg tsim nyog txhaj tshuaj mus txhaj tshuaj COVID-19 kom tag.** MHD yuav pab txhaj tshuaj tau.
- CDC pom zoo kom tsev kawm ntawv muab cov me nyuam kawm ntawv **nyob nrug kom deb tsawg kawg 3 feet nyob hauv chaw kawm ntawv**, thiab kom cov neeg npog qhov ncauj qhov ntswg txawm hais tias lawv twb txhaj tshuaj tag lawm los tsis tau txhaj, kom tsis txhob kis tau mob.
- MHD **pom zoo kom cov tsev kawm ntawv tag nrho npaj kom muaj tus txheej txheej los tshuaj ntsuam xyuas thiab kuaj mob** tau siv kom kuaj tau cov neeg muaj mob kom sai.

#### Nyob hauv Nroog Milwaukee puas muaj txoj cai hais kom npog qhov ncauj qhov ntswg?

- Tsis muaj, tam sim no tsis muaj txoj cai hais kom npog qhov ncauj qhov ntswg.

#### Puas muaj tej cov kev xaaj rau kev noj qab haus huv uas tsev kawm ntawv yuav tsum tau paub txog?

- Tsis muaj, tam sim no tsis muaj ib cov kev xaaj hais txog kev noj qab haus huv uas tshaj tawm los ntawm MHD.

#### Tsev kawm ntawv puas muaj caij haiv kom cov me nyuam kawm ntawv thiab cov neeg ua hauj lwm npog qhov ncauj qhov ntswg?

- Muaj, nyob ntawm lub tsev kawm ntawv txiav txim seb txoj cai twg thiab hom kev nyab xeeb twg yuav siv tau los tiv thaiv kom tsis txhob kis tau tus mob COVID-19.

#### Cov neeg yuav mus kuaj mob tau nyob rau qhov twg?

- Xav paub txog cov chaw kuaj mob, mus saib ntawm: [Cov Chaw Kuaj Mob Dawb \(free Community Testing Sites\)](#).

#### Cov neeg yuav mus txhaj txhua tau nyob qhov twg?

- Xav paub txog kev txhaj tshuaj, mus saib ntawm: [COVID-19 Vaccine](#) (cov sij hawm cov neeg tawm mus txhaj tshuaj rau cov pej xeeb)



### Thaum twg mam li hais kom tsev kawm ntawv yuav tsum qhia ntawv nyob saum huab cua (virtual) los yog kawm ib nrab tom tsev hos ib nrab tom tsev kawm ntawv?

- CDC qhov hais tias txawm kev sib kis kab mob zoo li cas los, cov me nyuam kawm ntawv yuav tsum mus kawm ntawv tim ntsej tim muag. Yuav tsis hais kom tsev kawm ntawv hloov mus kawm nyob saum huab cua los yog kawm ib nrab hauv tsev hos ib nrab tom tsev kawm ntawv tshwj xeeb tsev kawm ntawv tau kev pom zoo los ntawm CDC los yog WI Department of Health Services (DHS).

### Puas yuav muaj ib lub sij hawm uas muaj ntaub ntawv qhia hais tias tsis tas npog qhov ncauj qhov ntswg mus ntxiv lawm?

- Cov me nyuam yaus hnuv nyug tsis txog 12 xyoos txhaj tsis tau tshuaj lub sij hawm no. Txog thaum tag nrog cov me nyuam txhaj tau tshuaj tag lawm, MHD yeej tseem pom zoo kom txhua tus neeg npog qhov ncauj qhov ntswg txawm hais tias twb txhaj tshuaj tag lawm los tsis tau txhaj.

### MHD puas tau txais cov ntaub ntawv qhia txog seb cov me nyuam kawm ntawv thiab cov neeg ua hauj lwm kuaj mob tag es tshwm li cas?

- Vim hais tias muaj ntau hom khoom kuaj mob thiab muaj siv nyob rau hauv tsev, MHD yuav mus saib tsis tau txua tus me nyuam kawm ntawv thiab cov neeg ua hauj lwm cov ntaub ntawv qhia seb lawv kuaj mob tag es tshwm li cas.

### Cov me nyuam kawm ntawv thiab cov neeg ua hauj lwm twb txhaj tshuaj tag lawm puas yuav tsum cais lawv tus kheej mus nyob ib leeg tom qab nyob ze ib tug neeg muaj mob?

- Tsis cais. Yog hais tias tus me nyuam kawm ntawv los yog tus neeg ua hauj lwm twb txhaj tshuaj tag lawm es tau nyob ze ib tug neeg mob COVID-19, lawv yeej rov qab tuaj kawm ntawv tau tsuas yog kom lawv npog qhov ncauj qhov ntswg xwb. CDC pom zoo kom cov neeg twb txhaj tshuaj tag lawm mus kuaj mob 3-5 hnuv tom qab tau nyob ze ib tug neeg xav hais tias muaj mob los yog paub hais tias muaj mob COVID-19 thiab yeej meem npog qhov ncauj qhov ntswg mus ntxiv nyob rau hauv tsev uas muaj neeg coob txawm hais tias txhaj tshuaj tag lawm los tsis tau txhaj.

### Thaum twg kuv yuav tsum tau cais tus kheej mus nyob ib leeg?

#### Rau Cov Neeg Txhaj Tshuaj Tiav Tag Lawm

- CDC pom zoo hais tias cov neeg twb txhaj tshuaj tag lawm uas tau nyob ze ib tug neeg xav hais tias muaj mob los yog paub hais tias muaj mob COVID-19 yuav tau mus kuaj mob 3-5 hnuv tom qab ntawd, thiab npog qhov ncauj qhov ntswg thaum mus rau tej qhov chaw nyob hauv tsev muaj neeg coob mus lawm 14 hnuv los yog txog thaum paub hais tias kuaj tau tsis muaj mob. Yeej meem npog qhov ncauj qhov ntswg mus ntxiv nyob rau tej qhov chaw muaj neeg coob los yog muaj kev sib kis kab mob coob.
- Yog hais tias tus neeg ntawd yog ib tug neeg nyob hauv yus lub tsev, thiab tseem nrog tus neeg mob ntawd nyob ntxiv mus, tus neeg tau nyob ze ntawd yuav tsum tau mus kuaj mob 3-5 hnuv tom qab nrog tus neeg ntawd nyob zaum kawg. Yog hais tias leej niam los yog leej txiv yuav cais tsis tau tawm ntawm tus me nyuam muaj mob mus, hnuv lawv mus kuaj mob yog hnuv kawg uas muab lawv tus me nyuam cais mus nyob ib leeg kheej, uas yog 10 hnuv.

- Cov neeg twb txhaj tshuaj tag lawm TSIS TAS cais lawv tus kheej mus nyob ib leeg tom qab tau nyob ze ib tug neeg mob COVID-19, ntshe lawv muaj tus tsos mob xwb.
- Txawm hais tias cov neeg twb txhaj tshuaj tag lawm qhov yuav raug tau tus mob COVID-19 no tsawg heev, tus neeg twg twb txhaj tshuaj tag lawm uas muaj tus [tsos mob ib yam li COVID-19](#) yuav tsum [cais lawv tus kheej tawm ntawm lwm cov neeg mus nyob ib leeg kheej](#), soj ntsuam tus mob COVID-19, thiab kuaj tus mob SARS-CoV-2 yog hais tias qhia tau. Tus neeg twb txhaj tshuaj tag lawm uas muaj tus tsos mob yuav tsum qhia rau lawv cov kws kho mob paub tias lawv twb txhaj tshuaj tag lawm nyob rau lub sij hawj lawv tus yus. Yog hais tias muaj mob COVID-19, tus neeg uas twb txhaj tshuaj tag lawm yuav tsum cais tus kheej mus nyob ib leeg hauv tsev 10 hnuv.

### Cov Neeg Tseem Tsis Tau Txhaj Tshuaj

- Cais tus kheej mus nyob ib leeg yog hais tias koj tau [nyob ze](#) (6 feet ntawm ib tug neeg mus li 15 feeb los yog tshaj 24-teev) ib tug neeg mob COVID-19.
  - o Nyob hauv tsev mus 14 hnuv tom qab tau nyob ze ib tug neeg mob COVID-19.
  - o Saib cov tsos mob.
  - o Yog hais tias tau, nyob kom deb cov neeg nrog koj nyob ua ke hauv ib lub tsev, tshwj xeeb cov neeg uas muaj feem raug tau tus mob COVID-19 zoo heev.
  - o Yog hais tias koj muaj tus tsos mob, cais koj tus kheej mus nyob ib leeg.
  - o Tom qab 10 hnuv koj yuav tsis cais koj tus kheej mus nyob ib leeg yog hais tias koj tsis tau mus kuaj mob, tshwj xeeb kom koj tsis muaj tus tsos mob.
  - o Tom qab 7 hnuv koj yuav tsis cai koj tus kheej mus nyob ib leeg yog hais tias kuaj es koj tsis muaj mob (kuaj tau tsis muaj mob yuav tsum yog hnuv thib 5 los yog tom qab)
- Cais koj tus kheej mus nyob ib leeg 10 hnuv yog hais tias koj muaj tus tsos mob los yog kuaj tau muaj mob COVID-19.
  - o Soj ntsuam koj tus tsos mob.
  - o Yog ua tau, nyob rau ib chav es tsis txhob nyob xyaw lwm cov neeg.
  - o Yog ua tau, txhob koom nrog lawv siv ib lub tsev dej.
  - o Zam kom tsis txhob muaj kev sib cuam tshuam nrog rau lwm tus neeg hauv tsev neeg thiab cov tsiaj.
  - o Tsis txhob koom siv cov khoom hauv tsev xws li khob, phuam, thiab lauj kaub tais diav.
  - o Yog hais tias ua tau npob qhov ncauj qhov ntswg thaum nyob ze lwm cov neeg.

### Cov Ntaub Ntawv No Muab Qhov Twg Los thiab Cov Kev Pab

- American Academy of Pediatrics – [Recommendations for Opening Schools in Fall 2021](#)
- Centers for Disease Control & Prevention
  - o [Guidance for Schools and Child Care Programs](#)
  - o [Interim Public Health Recommendations for Fully Vaccinated People](#)
  - o [When to Quarantine](#)
- Milwaukee Health Department
  - o [Free Community Testing Sites](#)
  - o [COVID-19 Vaccine](#) (mobile vaccination clinic schedule)
- WI Department of Health Services
  - o [COVID-19: K-12 Schools](#)
  - o [COVID-19: K-12 School Testing Program](#)



CITY OF MILWAUKEE  
**HEALTH DEPARTMENT**

- [Guidelines for Prevention, Investigation, and Control of COVID-19 Outbreaks in K-12 Schools in WI](#)
- Wisconsin Immunization Program – [Requirements for Schools](#)