Contact Tracing Tool - For People Being Tested for COVID-19

If you test positive for COVID-19, you will get a call from a public health representative to identify any contacts you have had. This form can help you identify your contacts so you will be ready for the call.

Identify date of your first symptoms
If you have had symptoms, put the date you first felt sick OR if you have had no symptoms then put your date of testing _____/_____/_____

SUBTRACT 2 DAYS: _____/_____/_____ = YOUR CONTACT TRACING DATE

Who has been in your house with you since your contact tracing date?
Include people who live in your home, and people who may have visited like friends, a babysitter or anyone else providing in-home services.

NAME OF PERSON	DATE LAST IN HOME	THEIR PHONE NUMBER

Make a list of what you did each day since your contact tracing date with as much detail as possible.
Include things like hanging out with neighbors, going to work, running errands, appointments, social or recreational activities outside the house, and if you used public transportation to get there. Use another piece of paper if needed.

Day One: _____/_____/_____

ACTIVITY	LOCATION	PEOPLE YOU WERE WITH NAME	ADDRESS	PHONE NUMBER

Day Two: _____/_____/_____

ACTIVITY	LOCATION	PEOPLE YOU WERE WITH NAME	ADDRESS	PHONE NUMBER

Day Three: _____/_____/_____

ACTIVITY	LOCATION	PEOPLE YOU WERE WITH NAME	ADDRESS	PHONE NUMBER

Day Four: _____/_____/_____

ACTIVITY	LOCATION	PEOPLE YOU WERE WITH NAME	ADDRESS	PHONE NUMBER