

OPEN TO HEALTH DEPARTMENT CLIENTS
AND CITY OF MILWAUKEE RESIDENTS

FOCUS ON FATHERS

ONGOING SUPPORT GROUP FOR FATHERS

Men's
health

Parenting
and child
development

Self-care
and
life issues

Work and
social life



**FIRST THURSDAY OF EACH MONTH
FROM 5:30 – 7:00 P.M.**

July 7 • August 4 • September 1 • October 6 • November 3 • December 1

**City of Milwaukee - Office of African American Affairs
4830 W. Fond du Lac Ave.**

Focus on Fathers is an ongoing peer support group where men receive support and share their experiences in a safe, confidential environment. Dad led, informal discussions.

Topics to include self-care/stress reduction, coping strategies, life issues/challenges, child development, employment, work/social life, parenting/co-parenting, men's health, communication, budgeting, relationships, and more.



**CITY OF MILWAUKEE
HEALTH DEPARTMENT**

milwaukee.gov/health