

# HOW TO USE NARCAN

NARCAN® (naloxone HCl) Nasal Spray is used for the treatment of an opioid emergency or a possible opioid overdose. This was developed to be used at home without the need for any medical training.

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## STEP 1: IDENTIFY OVERDOSE

Identify opioid overdose and check response. Ask the person if he or she is okay and shout their name. Shake shoulders and firmly rub the middle of their chest.

Check for signs of opioid overdose: will not wake up or respond to voice or touch; breathing is very slow, irregular, or stopped; center of the eye is irregular and very small, “pin point pupils”.

Lay the person on their back to receive a dose of NARCAN Nasal Spray.

## STEP 2: GIVE NARCAN

### PEEL

Peel back the package to remove the device. Hold the device with your thumb on the bottom of the plunger and 2 fingers on the nozzle.

### PLACE

Place and hold the tip of the nozzle in either nostril until your fingers touch the bottom of the patient's nose.

### PRESS

Press the plunger firmly to release the dose into the patient's nose.

## STEP 3: CALL 911!

Call for Emergency Medical Help, evaluate and support. Move the person on their left side after giving NARCAN Nasal Spray.

