



Our Health. Our Community. Our Future.

Monthly news & updates

In a poem, Emily Dickinson calls March "the month of expectation". As the weather gets warmer, and snow melts there is an anticipation and hope that comes with the arrival of spring after a long and cold winter.

Like the changing of the seasons, creating a healthier community is a process that requires patience, perseverance, and a commitment to ongoing growth and improvement. MKE Elevate can inspire and motivate community members to take action toward creating a healthier and more equitable future for all.



May Action Team Meetings

***Action Team Meetings
registration for May
2023.***

***During the May
meetings action teams
will be working to
develop goals and
strategies for each
priority item to help
make a difference in the***

health of Milwaukeeans over the next 5 years. These meetings are not only for developing attainable strategies but also to help network and break down silos in the City of Milwaukee

Built Environment Action Team

(Virtual, via Zoom)
Thursday, May 18th 10:00 am to 11:30 am

Register [here](#)

Maternal & Child Health Action Team

(Hybrid - In person at Southside Health Center and via Zoom)
Thursday, May 18th 4:00 pm to 5:30 pm

Register [here](#)

Safety and Violence Prevention Action Team

(Virtual, via Zoom)
Tuesday, May 23rd, 10:30 am to 12:00 pm

Register [here](#)

Join us at our
Q2 Action Team Meetings this May!



Please join us at our second round of Action Team Meetings to help determine goals and strategies for the next five year plan!



Built Environment

Virtual Meeting via Zoom
Thursday, May 18th - 10:00am to 11:30am



Maternal & Child Health

Hybrid (In person and Virtual Meeting via Zoom)
Southside Health Center - 1639 S. 23rd St
Thursday, May 18th - 4:00pm to 5:30pm



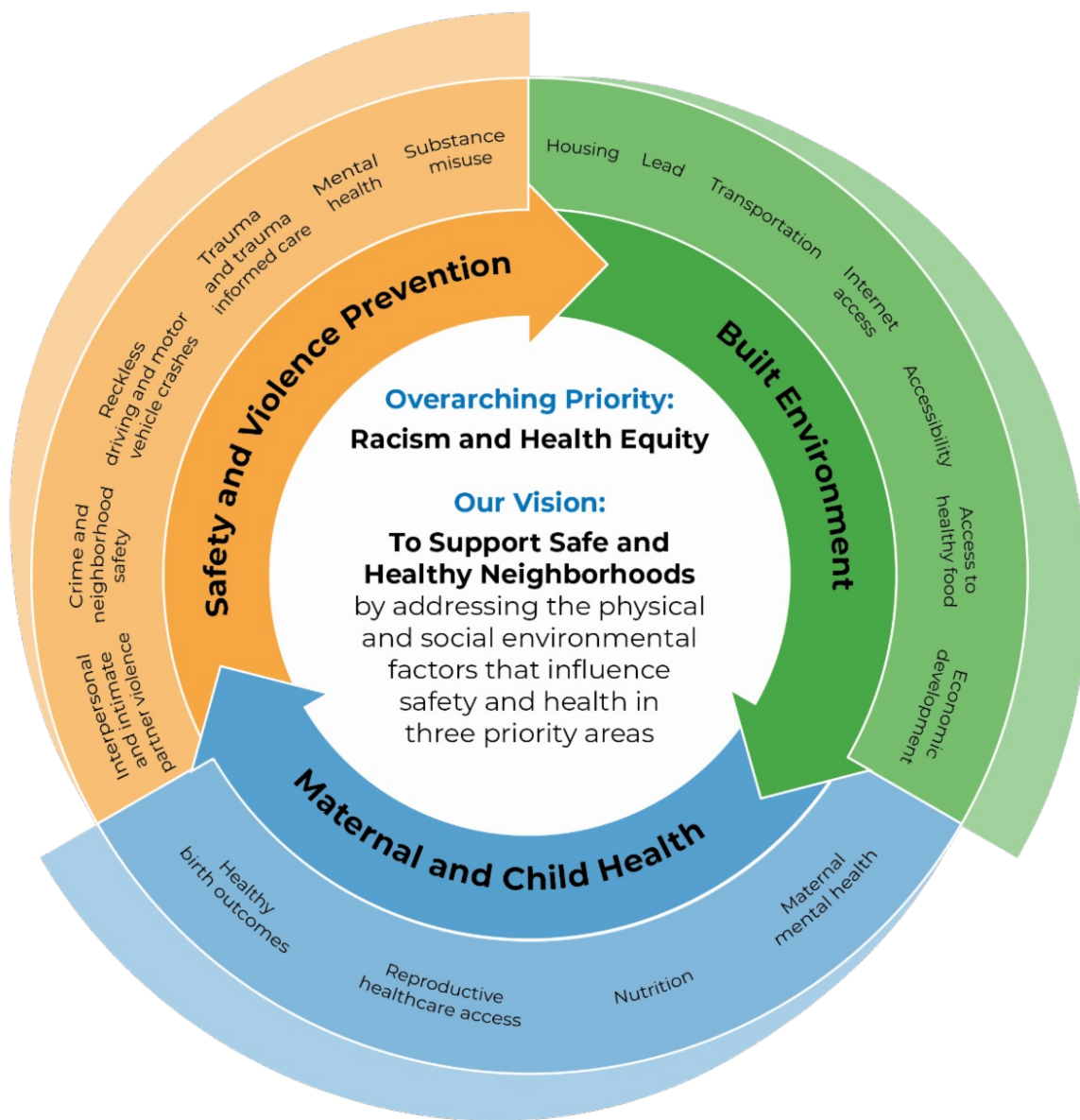
Safety & Violence Prevention

Virtual Meeting via Zoom
Tuesday, May 23rd - 10:30am to 12pm



Register for Zoom meetings at
milwaukee.gov/elevate





MKE Elevate Timeline - Deadline Extended!

Please note our timeline for releasing our 2023-2028 MKE Elevate Plan has been extended to allow more opportunities for community input. Community members will have opportunities to review goals, strategies, and implementation partners at action team meetings in May and at a general member meeting in June. Stay tuned for more information!



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2023-2028 MKE ELEVATE COMMUNITY HEALTH IMPROVEMENT PLAN

Overarching Priority:
**Racism and
Health Equity**

Priority Action Areas:



Built Environment

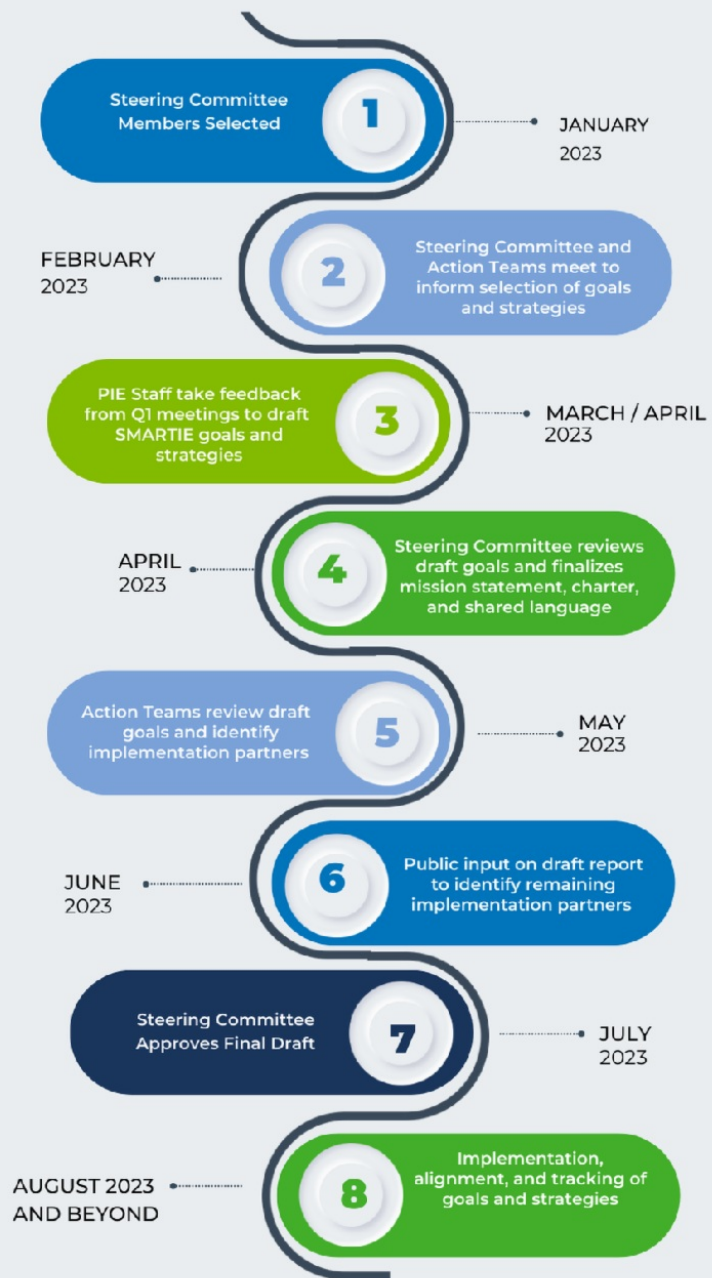


Maternal and Child Health



Safety and Violence Prevention

2023 TIMELINE



Learn more at milwaukee.gov/elevate

Meet the Action Team Leads and MKE Elevate Staff

Safety and Violence Prevention Action Team Lead

Robert Walker is a man of Integrity, a man of faith, and courage. Robert is a Son, Husband, Father, God-father, Brother, and Uncle. Robert enjoys spending time with family, attending church, traveling, watching sports (NBA&NFL), listening to music, and playing the drums. Robert Walker is a Public Health strategist at the City of Milwaukee Health Department in the focus areas of Mental health and Community resilience. Robert earned his Master's in Business administration and Bachelor's degree in Human Services at Springfield College University. Robert has many professional certifications from Cardinal Stritch University and the University of Wisconsin Milwaukee around Leadership studies.



Robert is an experienced human service specialist with a demonstrated history of working in the non-profit organization management industry. Robert has worked in organizations such as My home your home Inc., Servant Manor Inc., Running Rebels Community organizations, Word of Hope ministries Inc and Father's Making Progress Inc. Robert has had many roles in the non-profit field as Program Director, Supervisor, Mentor, Crisis Stabilizer, Youth development specialist and Youth worker. Robert has worked with the health system Children's WI and Children's community health plan. Robert in the health system worked as a Community health navigator and a Case management outreach coordinator. Robert has many skills in Entrepreneurship, Leadership, Community Engagement, Business/Project management, Youth development, Mentoring, Crisis intervention, Care coordination, and case management.

Built Environment Action Team Leads

My name is Hannah Trasser and I am a Public Health Strategist at the City of Milwaukee Health Department focused on advancing a more equitable food system in Milwaukee. I graduated from the University of Minnesota (go gophers!) in 2017 with a Master's in Public Health. While in school, I ran track and cross country and still enjoy being active today, however now I'm usually accompanied by my dog, Marty. In January of 2023, I joined the board of directors with the Milwaukee Food Council and am excited about this opportunity to serve Milwaukee by building relationships that strengthen our local food system.



Amanda Richman is a Public Health Strategist with the City of Milwaukee Health Department, focused on promoting housing and economic security. Alongside Hannah, Amanda leads the



Built Environment Action team and is passionate about creating a healthier environment for all Milwaukeeans. She is a self-described data nerd with her Masters in Public Health Epidemiology and served as a Population Health Fellow with MHD before officially joining the team in 2022. Amanda works on projects related to homelessness and housing security, lead poisoning and housing conditions, indoor air quality, and more with a central goal of promoting health equity.

Maternal and Child Health Action Team Lead

Melissa Seidl has her Master of Public Health from the UW-Milwaukee Zilber School of Public Health, where she focused on Public Health Policy and Administration. She has worked with the Milwaukee Health Department previously, working with the Departments of Public Works and City Development to bring the public health perspective into the realm of city planning. She also worked with the Emergency Preparedness team and was a part of the city's pandemic response for the first 18 months of the pandemic. She briefly worked with an academic population health research team at the Medical College of Wisconsin and has recently rejoined the Milwaukee Health Department as a Public Health Strategist, focusing on Maternal and Child Health. She works within the lens of health equity and tries to address the societal factors that facilitate or hinder the health of Milwaukee residents.



Mke Elevate Co-Leads

I'm Alexandria Kohn a Public Health Strategist at the City of Milwaukee Health Department focusing on advancing health equity and the community health improvement plan (MKE Elevate) I work to improve the health and well-being of underserved populations through comprehensive data-driven strategies that are led by community stakeholder engagement. I previously worked in substance use and misuse prevention and grant management as the deputy director of WIN Recovery and as a coalition coordinator for Rise Drug-Free MKE, formally known



as MCSAP. I graduated from Beloit College in 2019 with BA focusing on health and society. I recently obtained my Master's in Public Health with a focus on community behavioral health promotion. Over the years, I have obtained employment, volunteered at needle exchanges, and had intern opportunities that have helped advance my passion and drive to advocate and uplift voices that often go silenced while eliminating barriers to access.

Anneke is a Public Health Strategist focused on community health improvement, quality improvement, and accreditation. She is excited to be back at the Milwaukee Health Department after previously working on the Fetal and Infant Mortality Review. She has worked in public health for nearly twenty years, on projects ranging from HIV/AIDS prevention and support, tobacco prevention policy and coalition work, infant mortality prevention, and LGBTQ health. After receiving her Master of Public Health and Master of Social Work from Washington University in St. Louis, she returned to Wisconsin for the Wisconsin Population Health Service Fellowship working with the Wisconsin Department of Health Services and Great Lakes Inter-Tribal Epidemiology Center. As a resident of Milwaukee for the past decade, she is committed to ensuring everyone has the opportunity to lead a healthy and fulfilling life.



Events in Milwaukee

Black Birth Symposium

March 25th, 9 am-5 pm

[Learn more](#)

2023 Youth Empowerment Summit

March 31st, 8 am-2:30 pm

[Learn more](#)

Sherman Park Annual Housing Resource Fair

March 25, 9 am-12 pm

[Learn more](#)

Health Connections Inc: Slam Dunk Screenings

March 25th, 9 am-4 pm

[Learn more](#)



March 20-26, 2023

 **Registration Required**

Virtual Workshops

- **Trauma and the Brain**
- **Question. Persuade. Refer. Suicide Prevention**
- **Adult Mental Health First Aid**
- **Youth Mental Health First Aid**
- **Verbal De-Escalation**
- **Mindful Gratitude**

Family Events

- **Family Skate Night**
- **Family Movie Night
Shazam! Fury of the Gods**
- **Family Discovery
(Discovery World)
Hidden in Plain Sight**
- **Youth Summit**
- **Grab & Go**

Ignite Hope, Inspire Community, Rise Together

For more information and to RSVP:
RISEdrugfreeMKE.org





FAMILY-FRIENDLY HEALTH FAIR & CHARITY BASKETBALL GAME

SUPPORTING COLORECTAL CANCER
(CRC) AWARENESS SCREENING

REGISTER NOW!



Milwaukee
Black
Grassroots
Network for
Health Equity



DOORS OPEN: 9AM · GAME STARTS: 10AM

EVENT FEATURES

- LIVE DJ
- FOOD VENDORS
- HEALTH FAIR
- SCREENING DEMONSTRATIONS
- 3-POINT SHOOT OUT CHALLENGE



SATURDAY
MARCH 25, 2023

MILWAUKEE LUTHERAN
HIGH SCHOOL
9700 W GRANTOSA DR.
MILWAUKEE, WI 53222

FREE
ADMISSION

CRC IS THE 2ND MOST COMMON CANCER IN WI.
Colorectal Cancer Can Kill You...
But It Doesn't Have To - Get Screened!
Visit HealthConnectMKE.org/CRC

Don't ignore the symptoms of CRC:

- Change in 🍌 habits
- Blood during bowel movement
- Diarrhea or constipation
- Feeling that the bowel does not empty all the way
- Abdominal pain, aches, or cramps that don't go away
- Having weight loss and you don't know why

Younger than 45 with
symptoms?
OR
Older than 45 regardless
of symptoms?



CALL 414-999-1099 AND GET SCREENED FOR CRC



COMMUNITY ADVOCATES
Public Policy Institute

*Community Advocates Public Policy Institute
Invites you to:*

Panel on the Wisconsin State Budget 2023-2025

Confirmed Guests

State Representative Evan Goyke (D-Milwaukee)

State Senator Rob Hutton (R-Brookfield)

State Senator LaTonya Johnson (D-Milwaukee)

Monday, March 27 | 4 to 5:30 p.m.

Community Advocates

728 N. James Lovell St., Milwaukee

RSVP required at

ppi.communityadvocates.net

Have you sought medical care for Long COVID symptoms?

Women over 18 who have Long-COVID may qualify for an interview to inform researchers about their experiences with healthcare.



Opportunities to Engage

If you missed any of our meetings, you can view [a recording](#) and review [meeting materials](#) online.

Get involved!



milwaukee.gov/elevate
Help inform community health
improvement efforts in Milwaukee!

The Milwaukee Health Department serves as the convener for MKE Elevate, coordinating partners, aligning strategies, and facilitating a steering committee and issue-based action teams.

If you are interested in getting involved, complete this [interest form](#) or email mkeelevate@milwaukee.gov for more information.

To learn more visit our website or follow us on social media!



