

SLEEP BABY SAFE



ABCs

A-**A**lone

B- on his/her **B**ack

C-in a **C**rib (pack 'n play)

S-in a **S**moke-free environment

RISKS

Baby should never be placed on adult bed/mattresses, couches, sofas, swings, recliners or car seats for any sleep times

Baby never share a sleeping space with an adult, another baby, pet, child or others.

Baby crib/pack 'n play should be free on clutter (clothes, blankets, toys, bumper pads, pillow, etc.)

Share the room but not the space.