

## Well Badger Resource Center

Health information specialists available to answer questions and provide referrals regarding mental health/substance abuse; financial health; children and youth with special healthcare needs; healthcare coverage and services; nutrition; and pregnancy and parenting. For assistance, call 1-800-642-7837; text 608-360-9328; email [help@wellbadger.org](mailto:help@wellbadger.org); send a Facebook message to @WellBadger; or visit [wellbadger.org](http://wellbadger.org) for an online chat, to search their directory, or to fill out a webform.

### IMPACT 2-1-1

A central access point for people in need. During times of personal crisis or community disaster, the free, confidential helpline and online resource directory make it easy for residents to get connected to information and assistance. Call 211, text your zip code to TXT-211 (898-211), or visit their website to online chat or search the database at [impactinc.org/impact-2-1-1/](http://impactinc.org/impact-2-1-1/) if looking for assistance with the following:

- Alcohol/other Drug Abuse
- Child and Elder Care
- Crisis Intervention
- Financial and Legal
- Mental Health
- Shelter
- Food Pantries

### Food Programs

All referrals to food Pantries must go through Impact 2-1-1. Call 211 or (866) 211-3380 for a referral to a pantry in your area.

You will be asked for the

- Zip Code of your household;
- the number of household members in need of food;
- name and age of the person who will pick up food; and
- which (if any) food pantries you visited within the past 30 days.

## Parenting and Family Services

[4C for Children](#) 414-562-2676  
Connecting people and resources to cultivate accessible and high-quality early care and education for the benefit of children, families, and communities.

[Birth to 3](#) 414-289-6799  
An early intervention program for children with developmental delays and disabilities ages birth to 3 and their families.

[Parenting Helpline](#) 414-671-0566  
Free confidential phone counseling about any parenting issue, parenting classes, home visiting programs, and referrals to community resources.

[Hope Network](#) 262-251-7333  
A volunteer-based grass roots support system that provides emotional and material support to single mothers and their children in the greater Milwaukee area. Become a member by calling or visiting [hopenetworkinc.org](http://hopenetworkinc.org).

City of Milwaukee Health Dept.  
[Home Visiting Programs](#) 414-286-8620  
Home visiting programs for expecting moms and for dads. Programs support families with prenatal care, improved birth outcomes, and child development education.

[Cribs for Kids](#) 414-286-8620  
Provides education and a safe place for infants to sleep for qualifying Milwaukee residents.

[UMOS Latina Resource Center](#) 414-389-6000  
Provides programs and services for employment, education, health, and housing.

### Immunizations

Your child's doctor knows your child's health best. It is recommended that your child's doctor be contacted first regarding immunizations. Contact your local health department for additional information.

[Milwaukee Health Department](#) 414-286-8034



### Mental Health

[Milwaukee County Crisis Line](#) 414-257-7222  
Provides help to individuals who are experiencing a mental health crisis. We make it a goal to prevent hospitalization as much as possible, but part of our services includes emergency hospitalization if that is needed. The entry-point for Crisis Services is the Crisis Line, which is answered 24/7/365.

[Post-Partum Support International](#) 800-944-4773  
*or text 503-894-9453*  
A 24 hour mental health helpline to support families during pregnancy, pregnancy loss, and the postpartum period.

### Domestic Violence

[Milwaukee Women's Center](#) 414-671-6140  
[Sojourner Family Peace Center](#) 414-933-2722

## Alcohol, Smoking, and Drug Use Services

Substance use during pregnancy, breastfeeding, and parenting can be dangerous, with a variety of harmful effects on both adults and children. The effects can be short or long term and may be physical, mental, social, emotional, and financial. You are not alone. Many others know what it's like and can help you quit, give you tips, and support you along the way.

Al-Anon Family Groups 888-425-2666  
Meeting information 414-257-2415  
[al-anon.org](http://al-anon.org)

Alcoholics Anonymous  
24-hour Hotline 414-771-9119  
[www.aamilwaukee.com](http://www.aamilwaukee.com)

Aurora AODA Treatment 414-773-4312  
Information and scheduling  
[www.aurorahealthcare.org](http://www.aurorahealthcare.org)

Benedict Center 414-347-1774  
[www.benedictcenter.org](http://www.benedictcenter.org)

Community Advocates/  
Milwaukee Women's Center 414-449-4777  
[www.mwcinc.org](http://www.mwcinc.org)

IMPACT AODA Services 414-256-4808  
[www.impactinc.org](http://www.impactinc.org)  
Provides services for alcohol and drug abuse issues;  
provider for Milwaukee County OWI assessments.

Meta House 414-962-1200  
Residential treatment for women with AODA issues and  
their children.

Wisconsin Addiction Call 211 *or*  
Recovery Hotline 833-944-4673  
[addictionhelpwi.org](http://addictionhelpwi.org)  
Available statewide, 24/7, 365 days a year

Substance Abuse and Mental Health  
Hotline (SAMSHA) 800-662-4357  
Confidential service available 24/7, 365 days a year

Quit Line 800-784-8669  
[www.ctri.wisc.edu/quitline](http://www.ctri.wisc.edu/quitline) or text READY to 200-400



## Public Assistance Programs

Medicaid and Other Health Programs 800-291-2002  
The State of Wisconsin offers a number of health  
benefits programs for eligible children, individuals, and  
families. For eligibility information, call Medicaid  
Enrollment Services.

Community Health Access Program 414-286-8620  
Provides assistance for determining eligibility and  
enrollment into the following services:

- Health Insurance Marketplace (private insurance)
- BadgerCare (Medicaid)
- Family Planning Waiver
- Title 19
- Express Enrollment for pregnant women and kids
- FoodShare
- Energy Assistance
- Dental Services
- Free and sliding-fee clinics

Milwaukee Enrollment Services 888-947-6583  
<https://access.wisconsin.gov/access/>  
Provides health, nutrition, and childcare assistance  
through FoodShare, health care, W2, prescription drug  
plans, family planning waivers, energy assistance and  
tax credits.

Wisconsin W2  
<https://dcf.wisconsin.gov>

Rent Assistance and Housing Programs  
City of Milwaukee 414-286-5650  
Milwaukee County 414-278-4894

# Milwaukee County Resource Guide

## 2021

