

WASH YOUR HANDS

Unclean Hands Spread Disease

LAVE SUS MANOS • Las Manos Sucias Transmiten Enfermedades

1 wet

use warm/hot water
moje - use agua
tibia/caliente



2 soap

lather and scrub
for 20 seconds
enjabone y restregue
por 20 segundos



3 rinse

enjuague



4 dry

seque



CITY OF MILWAUKEE HEALTH DEPARTMENT (Departamento de Salud de la Ciudad de Milwaukee)
CONSUMER ENVIRONMENTAL HEALTH (Salud Ambiental del Consumidor)

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Think Health 
Act Now!
CITY OF
MILWAUKEE
HEALTH DEPARTMENT

Bevan K. Baker,
Commissioner of Health

www.milwaukee.gov/health