MKE ELEVATE
Our Health. Our Community. Our Future.

Positive Mental Health

Driver Diagram

Think Health Act Now!
CITY OF MILWAUKEE HEALTH DEPARTMENT

AIM or OUTCOME

Positive Mental Health

Primary Drivers	Secondary Drivers	Changes/Interventions
Chronic stress and lack of social and emotional support	Work environment, stressful life events, fear/uncertainty, lack of a sense of security	❖ Learn and implement healthy coping strategies (provide at a community level) ❖ Promoting positive relationships ❖ Neighborhood and community development
Alcohol misuse including binge drinking	Alcohol accessibility, retail sales outlets, lax screening and violation enforcement	❖ Increase alcoholic beverage costs and excise taxes ❖ Limit alcohol retail outlets in a given area ❖ Consistent enforcement of laws against underage drinking and impaired driving ❖ Screening and counseling for alcohol misuse
Prescription drug and opiate misuse, including overdose	Prescribing trends, pill mills, diversion (sharing) of prescription medication, improper disposal	❖ Provider and patient education ❖ Prescription Drug Monitoring Programs ❖ Prescribing guidelines ❖ Medication disposal programs ❖ Access to Narcan
Lack of access to mental health services	Mental health workforce availability, lack of coverage/insurance, high costs of treatment, stigma	❖ Care integration ❖ Workforce incentives ❖ Telemedicine ❖ Coverage parity