When emergencies happen, it is important to be prepared. Create an **EMERGENCY-GO BAG** to take with you if you suddenly need to evacuate or leave your home. An **E-GO BAG is a portable kit that includes items that you need to survive** while you are away from your home.

**YOUR E-GO BAG SHOULD INCLUDE THE FOLLOWING ITEMS:**

- Bottled water and food that comes in easy-to-open cans or pop-top containers (at least a one day supply)
- Prescription medication for a week and paper copies of your prescriptions
- Small first aid kit (include bandages, hand sanitizer, gloves, ointment, pain reliever (ibuprofen) and ice packs)
- A blanket throw
- Sturdy shoes/boots
- Warm clothes, rain gear and hats
- An extra pair of glasses and/or hearing aid
- Personal hygiene items (include soap, wipes, toilet paper, feminine hygiene products, toothbrush and toothpaste)
• Plastic garbage bags for waste

• Dust mask

• Items for family members with special needs (children, seniors, people with disabilities)—such as canes, walkers, diapers and formula

• Essential items for pet care: water, food, updated medical records including vaccinations such as Rabies, leashes, crates and carriers

• Flashlight

• Battery-operated/manual radio

• Extra Batteries (sizes AA, AAA, C, D)

• Pocket knife

• Whistle and pepper spray

• Extra house and car keys

• Paper, pens and tape for leaving messages

• A family communications plan that includes emergency phone numbers

• A regional road map for travel

• Credit and debit cards

• Small amounts of money such as coins, one and five dollar bills just in case you are not able to use your credit/debit cards
Although your E-Go Bag will include a number of items, please make sure your bag is sturdy and easy to carry. Please also consider the following:

• Prepare an E-Go Bag for each member of your household.

• E-Go Bags should be stored in a place that is easy to get to, for example under a bed, in a closet, next to a door, or in the trunk of your car.

• Prepare E-Go Bags for year-round use-Spring, Summer, Fall and Winter.

• Update your E-Go Bag every six months. Replace items that will expire in the upcoming months such as food and medical supplies.

HELPFUL TIPS

• Copies of important documents such as identification, passports, home and auto insurance information, account numbers (bank and credit cards) stored in a waterproof folder/bag

• A recent family photo for identification – including your pets
Not all disasters require evacuation. Your local Emergency Management Officials may instruct you to stay home for an extended amount of time. This is known as Shelter-in-Place. Be prepared for Shelter-in-Place by creating an Emergency Supply Kit (E-Supply Kit). Make sure your E-Supply Kit has enough food and supplies for three days for each member of your household.

This kit should contain the following items:

- Bottled water: 1 gallon per person per day for drinking and hygiene
- Food that doesn’t spoil easily such as dried fruit, nuts, and peanut butter
- Food that comes in easy to open cans or pop top containers like fruit and canned meat
- Items for family members with special needs (children, seniors, people with disabilities) such as canes, walkers, diapers and formula
- Essential items for pet care: water, food, updated medical records including vaccinations such as Rabies, leashes, crates and carriers
- Prescription medication for a week and paper copies of your prescriptions
- An extra pair of glasses and/ hearing aid
- First Aid Kit (include bandages, hand sanitizer, gloves, ointment, pain reliever (ibuprofen) and ice packs)
- Personal hygiene items (include soap, wipes, toilet paper, feminine hygiene products, toothbrush and toothpaste)
- Plain liquid bleach for sanitation and water purification
- Plastic garbage bags for waste
- Warm clothes, rain gear and hats
- Sturdy shoes/boots
- Blankets/sleeping bags
- Flashlight with working batteries
- Battery-operated/manual radio
- Extra batteries (sizes AA, AAA, C, D)
- Plastic sheeting (minimum 10 mil/0.01 inches), duct tape and utility knives for covering windows, vents, doors and cracks
- Copies of important documents such as dentification, passports, home and auto insurance information, account numbers (bank and credit cards) stored in a waterproof folder/bag
- Extra house and car keys
- A regional road map if you need to travel outside your city/state

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**Think Health**  
**Act Now!**

The City of Milwaukee Health Department in its capacity as an employer and service provider does not discriminate on the basis of age, race, religion, color, gender, national origin, arrest or conviction record, sexual orientation, disability, political belief or affiliation, or military participation. Persons needing disability assistance information, language assistance or interpreter services please call 414-286-3524 or TTY 414-286-2025. Discrimination claims may be filed with the Department’s Equal Opportunity Coordinator by calling 414-286-2359.

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After you create your **E-Supply Kit**, please consider the following:

- Each member of your household should know where the **E-Supply Kit** is located. It should be stored in a place that is easy to get to, such as under a bed, in a closet or next to a door
- Prepare your **E-Supply Kit** for year-round use. Some disasters may cause power outages so plan to keep cool in the summer and warm in the winter.
- Update your **E-Supply Kit** every six months. Replace items that will expire in the upcoming months such as food and medical supplies.