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## For Immediate Release

April 1, 2019

### **City of Milwaukee Health Department Marks National Public Health Week 2019** *Public invited to participate in daily events and learn about services and programs*

MILWAUKEE – During the week of April 1-7, the City of Milwaukee Health Department (MHD) will celebrate National Public Health Week (NPHW). Since 1995, the first full week in April has been declared a time to recognize the impact of public health efforts.

For more than 150 years, MHD has been a leader in ensuring that all Milwaukee residents have access to resources and information that will help improve their health. This week is dedicated to addressing the causes of poor health and disease risk among individuals and communities.

The theme of NPHW, “Creating the Healthiest Nation: For science. For action. For health.”, has health departments across the country raising awareness for the role they play in helping communities understand how we can work together to build healthier communities and eventually, the healthiest nation.

Residents are highly encouraged to participate in MHD’s daily events and learn about services and programs the department provides. Please refer to the attached flyer.

For more information about the City of Milwaukee Health Department, visit [Milwaukee.gov/health](http://Milwaukee.gov/health).

For more information on National Public Health Week, visit <http://www.nphw.org/nphw-2019>.

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## National Public Health Week 2019 Daily Themes

Twitter: <https://twitter.com/MKEhealth>  
Facebook: <https://www.facebook.com/MKEHealth/>

### Monday — Healthy Communities

Looking for a healthy recipe? Residents are encouraged to try the “Recipe of the Week” and share their photos with the department.

Gluten Free – Chicken Zoodle Soup

Vegan – Creamy Butternut Squash Linguine

Meat Lovers – Braised Balsamic Chicken

### Tuesday — Violence Prevention

The City of Milwaukee Health Department (MHD) Office of Violence Prevention (OVP) will provide information on various programs, events, and services. Please follow the department’s social media pages for more information.

### Wednesday — Rural Health

Did you know in Wisconsin approximately 1.5 million people live and work in rural areas? MHD will share information to the public as it relates to rural health communities and public health impact. Please follow the department’s social media pages for information.

### Thursday — Technology and Public Health

Did you know MHD has state-of-the-art technology, which allows residents to receive same day or same week STI/HIV results?

Testing is done at the following centers:

Keenan Health Center – 3200 N. 36<sup>th</sup> Street, Milwaukee, WI 53216 (414) 286-8840 or (414) 286-3631

Northwest Health Center – 7630 W. Mill Road, Milwaukee, WI 53218 (414) 286-8830 or (414) 390-0444

Hours may vary. Please contact the center for more information.

#gettested

#knowyourresults

#protectyourself

### Friday — Climate Change

CannedWater4Kids, a 501c3 non-profit charity is an organization focused on bringing clean, safe water to children worldwide. Ensuring access to safe, clean water worldwide is critical for successful agriculture, food and energy production, and healthy development and survival. **MHD will be distributing canned water for kids at each MHD Health Clinic, while supplies last.**

### Saturday and Sunday — Global Health

Accessing healthy food is still a challenge for many families. Growing your own fruits and vegetables not only guarantees your food will be fresh and local, it also guarantee surprising health benefits. MHD provides garden soil screening and nutrient analysis for residents at cost of \$10-\$25.

Please visit:

<https://city.milwaukee.gov/health/testing-Fees/Soil-Screening-Information.htm#.XKJhfphKiUk>

for more information.