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Commissioner of Health

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City of Milwaukee Health Department to Host Flu Vaccine Clinic

Oct. 30 clinic to provide flu vaccine free to children 18 and younger

MILWAUKEE – On Thursday, Oct. 30, 2014, the City of Milwaukee Health Department (MHD) will provide free flu vaccine to children age 18 and under at the City's Northwest Health Center (7630 W. Mill Rd.) from 3-6 p.m.

“Every year healthy people can get the flu and spread it to others,” said Mayor Tom Barrett. “That is why I get my flu vaccine every year, and I encourage all families to protect themselves and those around them by getting vaccinated early this season.”

Influenza (the flu) is among the most common contagious respiratory illnesses in the United States. Though common, it can be serious, leading to hospitalization and sometimes death. During the 2013-2014 flu season, more than 260 persons were hospitalized and two children died statewide as a result of flu or its complications.

“The flu can kill,” said Commissioner of Health Bevan K. Baker. “The single best way to protect yourself and your family is to get vaccinated each year.”

The influenza vaccine is recommended for all individuals over 6 months of age, especially those at greatest risk for serious complications, including adults 65 and older, children younger than 5, pregnant women, and those who are around high-risk populations. The flu vaccine helps prevent illness but can also lessen the severity of symptoms if you do get sick.

The MHD also encourages frequent hand washing with soap and water, and covering coughs and sneezes with your sleeve to reduce the spread of germs. Those experiencing symptoms of fever, cough, sore throat, stuffy nose, muscle or body aches and fatigue should remain home from work or school, get rest, and drink plenty of fluids.

To find flu vaccine near you, use the Flu Vaccine Finder at www.milwaukee.gov/health.

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Think Health. Act Now!

