

FOR IMMEDIATE RELEASE

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City of Milwaukee Celebrates Men's Health Month

Mayor Barrett and city leaders kick off series of events focused on raising awareness, providing services, and keeping men healthy

MILWAUKEE – As Men's Health Month is celebrated nationwide, Mayor Tom Barrett and city leaders, including Common Council President Willie Hines, Jr., Alderman Willie Wade, City Treasurer Spencer Coggs, and Commissioner of Health Bevan K. Baker, along with community partners and men's health advocates, are recognizing the month in Milwaukee by encouraging men of all ages to prioritize healthy behaviors.

"This month is a call to action for all men," said Mayor Tom Barrett. "Today, we know that the top 10 causes of death for men in Milwaukee are preventable. We cannot have a healthy city without taking action to improve the health of men in our community."

Throughout the month, health-focused events and activities will provide access to screenings, health information, and important conversation around the issues of health disparities.

"Men in Milwaukee are disproportionately affected by many health conditions, African-American men in particular," said Common Council President Willie Hines, Jr.

"This month is about providing opportunities for education, conversation, and access to services that will help men build a healthier future for themselves, their families, and their communities," said 7th District Alderman Willie Wade.

"We see across the spectrum of health that men tend to access health care services less than women," said Commissioner of Health Bevan K. Baker. "Our goal is to encourage all men to take advantage of the events and services offered."

Community activities taking place include:

- **June 13:** Fathers Loving Support for Breastfeeding education gathering hosted by the African American Breastfeeding Network and the City of Milwaukee Health Department will feature a panel of new fathers speaking on the value of breastfeeding for healthy families. North YMCA, 5 – 7:30 p.m.
- **June 19:** At the Healthy Fathers Make Healthy Families Men's Health Fair, the City of Milwaukee Health Department and community partners will provide health education for males during the annual Juneteenth Day celebration. Center Street and Martin Luther King, Jr. Drive, 9 a.m.

- **June 21:** Wear Blue for Men's Health Day, a day for individuals, communities, and businesses to show support for men and their health by wearing blue or donning blue ribbons.
- **June 21:** To Be or Not To Be...A Father @ This Time, a conversation highlighting issues of teen pregnancy, parenting and fatherhood, will be hosted by the Milwaukee Fatherhood Initiative and 7th District Alderman Willie Wade. Parklawn YMCA, 10 a.m. – 12 p.m.
- **June 22:** Transforming Men's Health Care in the Community, presented by Milwaukee Health Services, Inc., will provide free screening for blood pressure, diabetes, and depression as well as information on infant mortality, driver's license recovery, child support and fatherhood initiatives. Educational sessions and materials from the American Cancer Society, MLK Heritage Center and Milwaukee Health Department will also be available. MLK Heritage Center, 10 a.m. – 2 p.m.

Further men's health information and events can be found at www.BrainBrawnBody.com.

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