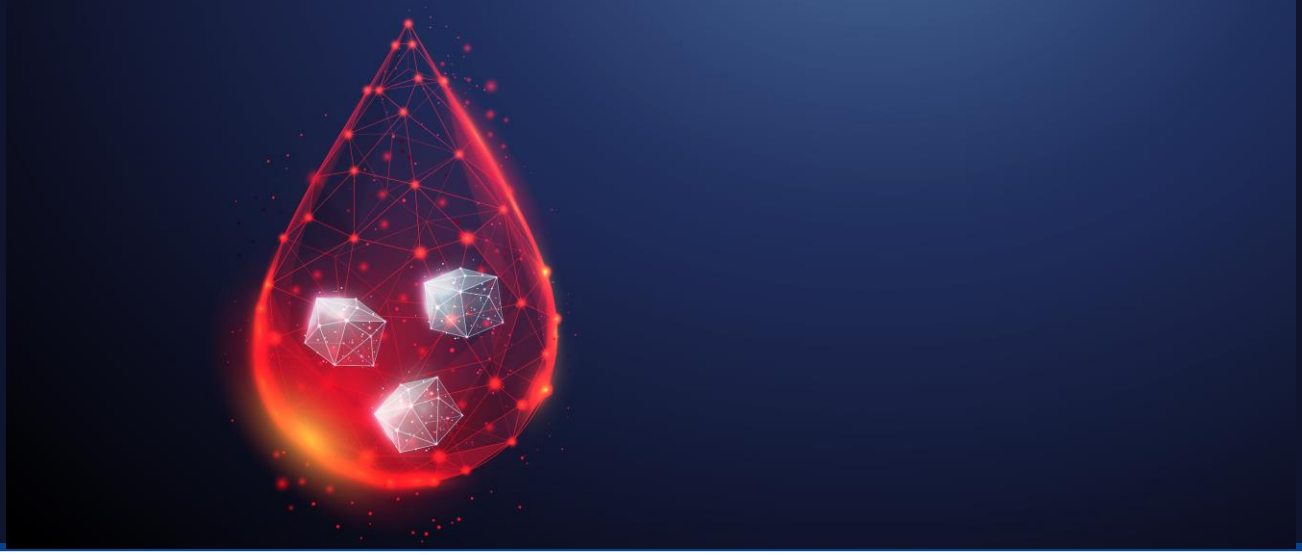


Understanding Blood Sugar

In-Person Presentation

Join the Workplace Clinic clinician for an interactive discussion where you will:

- Learn what blood sugar is and why it matters to your health
- Understand prediabetes and type 2 diabetes
- Identify common risk factors
- Discover ways to prevent or manage blood sugar levels and how the Workplace Clinic can help

Date: November 10, 2026

Time: 9:00 – 9:30 AM

Clinician Q & A to follow

Location: Zeidler Municipal Building - Fishbowl



Dina Romero, MSN, APRN, FNP-BC

To register, log into the Wellness Portal and locate “Schedule your Healthy Rewards Program Opportunities”

Healthy Reward Points: Earn 5 points for attending.

Questions? Contact Workforce Health at 414-777-3410

Monday-Friday: 7:30 a.m.-4:30 p.m.

Froedtert & Medical College of Wisconsin

Workforce Health

10/2026