



Virtual women’s health care from the comfort of anywhere

Access network health support for everything from menstruation to menopause.



Get convenient care from expert clinicians

Support is available to help manage these conditions and more:

- Heavy, painful or irregular periods
- Polycystic ovary syndrome, thyroid and hormone health
- Preventive and general women’s health
- Menopause and perimenopause

Why see a specialist virtually?

You can get help understanding what your symptoms are telling you and receive a comprehensive, evidence-based care plan. Virtual women’s specialty care offers:

- **Quicker access to care** – Virtual specialty visits are available within days – sometimes immediately
- **One dedicated care team** – Doctors, clinicians, coaches and advocates work together to help you understand what’s going on in your body to help you find relief
- **Virtual appointments and chat** – Conveniently meet and message with your care team



Virtual specialty care is also available for:

- Dermatology needs
- Gastrointestinal conditions
- Migraines
- Sleep apnea
- Speech therapy



To connect to virtual care, visit myuhc.com/virtualcare, find it on the UnitedHealthcare® app or scan the QR code



You can also see a network OB/GYN in person – use the provider search at myuhc.com®



Virtual Specialists are services available with a provider or coach via video, chat, email, or audio-only where permitted under state law. It is not an insurance product or a health plan. Virtual Specialists are not intended to address emergency or life-threatening medical conditions and should not be used in those circumstances. Services may not be available at all times, or in all locations, or for all members. Certain prescriptions may not be available, and other restrictions may apply. Available to any adult 18+ with a UnitedHealthcare health plan. Standard copays apply.

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