

Summer Health: We're Here When You Need Us

Summer is all about getting outside, but sun, heat, water and outdoor activity can sometimes lead to health issues.

The Workplace Clinic is here to support you all summer long with prevention tips, prompt care and convenient appointments to help keep small concerns from becoming bigger problems.

We can help with common summer issues like:

- Sunburn and skin damage, plus prevention guidance for all skin types
- Heat-related illness, such as heat exhaustion or heat stroke
- Seasonal allergies, rashes and skin irritation from outdoor exposure
- Insect bites and stings
- Swimming-related concerns, including ear irritation or skin issues
- Cuts, scrapes and other minor injuries

If something doesn't feel right, check in with the Workplace Clinic. Early attention can help you stay healthy, active and safe all summer long.

City of Milwaukee Workplace Clinic

 Phone: 414-777-3413

 Website: my.froedtert.com

 Mobile App: Scan the QR code to download.



Workforce Health