

The Essentials of Healthy Skin

Skin is the body's largest organ. Protecting it helps us regulate our body temperature and improve sensory perception.

Whether you're fighting fires, repairing roads or managing operations from a computer screen, your skin takes a beating every day. UV exposure accumulates over time and increases the risk of skin cancer, premature aging and heat-related illness.

Join us and:

- Understand the basic structure and function of skin
- Recognize common skin concerns
- Understand how workplace factors impact skin health
- Apply simple skincare and prevention strategies



Virtual Presentation

Date: Monday, July 27

Time: 3-4 p.m.

[Click to Register Now on Webex](#)
or scan the QR code



Healthy Reward Points:

Earn 5 Healthy Reward points for attending. Participants must register and attend via Webex for points to be awarded.



Questions? Contact Workforce
Health at 414-777-3410

Monday-Friday: 7:30 a.m.-4:30 p.m.



Workforce Health