

2026 Health Appraisal:

July 20 – December 11, 2026



Your Health Appraisal is a confidential, quick, and simple check-in on your health.

What You Get (all in one 30-minute visit!)

- Fingertstick blood test: total cholesterol, HDL, LDL, triglycerides and glucose
- Blood pressure, weight and waist check
- Tobacco/nicotine test
- Interest survey and satisfaction questionnaire
- Immediate results review and resource guidance with a health educator

Fasting is **optional**. Please avoid eating or drinking anything for at least 10 minutes before your appointment.

Who Can Participate?

All employees AND spouses — even if you're not enrolled in City health insurance.

Why It Matters

- Avoid monthly fees on your health insurance
- Earn Healthy Rewards
- Catch health issues early

Important: Avoid Extra Monthly Fees

If enrolling in the City's **2027 health insurance**, both you and your spouse must complete the appraisal to avoid a monthly fee.

Monthly Fees:

- **\$30/month** — for EACH insured person who does not complete the Health Appraisal

Attention Nicotine Users:

If you test positive for tobacco/nicotine and plan to enroll in the City's 2027 health insurance, you will incur a monthly fee.

- **\$10/month** —for EACH insured person who tests positive for tobacco/nicotine during the Health Appraisal

Fee can be waived for each person who completes nicotine education by December 11, 2026.

- A nicotine health coaching session with Workforce Health, or
- A 60-minute virtual nicotine education class with Workforce Health



Take charge of your health and schedule your Health Appraisal appointment through the Wellness Portal: www.workforcehealth.org/cityofmilwaukee

New Participants:

- Select **Register**
- Company code: **0007**
- User ID:

Employee: Use your **6-digit Employee ID** (PeopleSoft ID)

Spouse: Use employee's 6-digit Employee ID (PeopleSoft ID) plus SP (Ex. 123456SP)

Returning Participants:

- Log in with your existing username and password

- **Need help logging in?**

Use Company code: 0007 to reset your password, or retrieve your username



Workforce Health

Contact Workforce Health at 414-777-3410 for help, Monday-Friday: 7:30 a.m.-4:30 p.m.

2026 Health Appraisal Location Calendar:

Bay View Library (BVL)
2566 S Kinnickinnic Ave.

City Hall (City Hall)
200 E. Wells St.

DNS Lake Tower (DNS)
4001 S. 6th St.

DPW Central Garage (DPW CG)
2142 W. Canal St.

DPW Headquarters (DPW HQ)
3850 N. 35th St.

Good Hope Library (GHL)
7715 W. Good Hope Rd.

Fire & Police Training Academy (F&P)
6680 N. Teutonia Ave.

MFD Union Hall (MFD Union)
5625 W Wisconsin Ave.

Milwaukee Police Association (MPA)
6310 W. Bluemound Rd.

Northwest Health Center (NWHC)
7630 W. Mill Rd.

Port of Milwaukee (POM)
2323 S. Lincoln Memorial Dr.

Do not contact locations directly to schedule.

July						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
19	20 City Hall/DNS	21 City Hall/DNS	22 City Hall/DNS	23 City Hall/DNS	24 City Hall/DNS	25 City Hall
26	27 City Hall/DNS	28 City Hall/DNS	29 City Hall/DNS	30 City Hall/DNS	31 City Hall/DNS	
August						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2	3 City Hall/F&P	4 City Hall/F&P	5 City Hall/F&P	6 City Hall/F&P	7 City Hall/F&P	8 F&P
9	10 City Hall/F&P	11 City Hall/F&P	12 City Hall/F&P	13 City Hall/F&P	14 City Hall/F&P	15
16	17 DPW CG	18 DPW CG	19 DPW CG	20 DPW CG	21 DPW CG	22 DPW CG
23	24 DPW CG	25 DPW CG	26 DPW CG	27 DPW CG	28 DPW CG	29
30	31 BVL/ MFD Union					
September						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 BVL/ MFD Union	2 BVL/ MFD Union	3 BVL/ MFD Union	4 BVL/ MFD Union	5
6	7 Labor Day	8 MFD Union	9 MFD Union	10 MFD Union	11 MFD Union	12 MFD Union
13	14 DPW HQ	15 DPW HQ	16 DPW HQ	17 DPW HQ	18 DPW HQ	19
20	21 GHL/POM	22 GHL/POM	23 GHL/POM	24 GHL/POM	25 GHL/POM	26
27	28 City Hall	29 City Hall	30 City Hall			
October						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 City Hall	2 City Hall	3
4	5 F&P	6 F&P	7 F&P	8 F&P	9 F&P	10 F&P
11	12 POM	13 POM	14 POM	15 POM	16 POM	17
18	19 MPA	20 MPA	21 MPA	22 MPA	23 MPA	24 MPA
25	26 DPW HQ/MPA	27 DPW HQ/MPA	28 DPW HQ/MPA	29 DPW HQ/MPA	30 DPW HQ/MPA	31
November						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 City Hall	3 City Hall	4 City Hall	5 City Hall	6 City Hall	7 City Hall
8	9 DNS/NWHC	10 DNS/NWHC	11 DNS/NWHC	12 DNS/NWHC	13 DNS/NWHC	14
15	16 DNS	17 DNS	18 DNS	19 DNS	20 DNS	21 DNS
22	23 City Hall	24 City Hall	25	26 Thanksgiving	27	28
December						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
11/29	11/30 F&P/City Hall	1 F&P/City Hall	2 F&P/City Hall	3 F&P/City Hall	4 F&P/City Hall	5 F&P
6	7 F&P/City Hall	8 F&P/City Hall	9 F&P/City Hall	10 F&P/City Hall	11 F&P/City Hall	12

Schedule is subject to change.