

City of Milwaukee Employee and Spouse 2026 Health & Wellness Resource Guide



Empowering Healthy Journeys

All your wellness information,
organized in one place.

What's new inside

- Health Appraisal instructions
- Healthy Rewards details

In partnership with



Workforce Health

City of Milwaukee

2026-2027 Wellness Program

Dear City of Milwaukee Employee and Spouse,

Take charge of your health with Wellness Your Choice Milwaukee — a program designed by employees, for employees. It's a simple way to improve your well-being, reduce health risks, and even lower your healthcare costs.

All employees and spouses are eligible to participate — even if you're not enrolled in the City's health insurance. We encourage you to take full advantage of the Health Appraisal and Healthy Rewards Program.

2026 Health Appraisal

July 20 – December 11, 2026

- Lab work and biometric screening
- Interest assessment
- Results reviewed immediately with a health educator
- No fasting required

Important:

- If enrolling in the City's 2027 health insurance, both you and your spouse must complete the appraisal to avoid a monthly fee
- If you test positive for nicotine/cotinine, complete a nicotine education option by December 11, 2026, to avoid a monthly nicotine fee

Healthy Rewards Program

July 1, 2026 – June 30, 2027

Earn up to \$700 in a Health Reimbursement Account (HRA):

- 75 points = \$150
- 100 points = \$250
- 125 points = \$350

Complete your Health Appraisal to qualify, then track your progress in the wellness portal.



Questions? Contact our partner Froedtert Workforce Health at 414-777-3410.

Don't miss out on this no-cost opportunity to **invest in your health and earn rewards** along the way.

Your partners in health,

Wellness and Prevention Labor Management Committee

Molly King, DER (Chair)

Joel Miller, MPA

Ian Gunther, AFSCME#47

Vacant, AFSCME #32

Emilie Steiner, SEIU

Vacant, TEAM

Justin Decléene, MPSSO

Eric Daun, Local 215

Travis Gresham, AMAM

Nik Kovac, DOA

Nicole Fleck, DER

Vacant, Local 494

Vacant, TEAM

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Alternative Ways to Participate

If you or your spouse are unable to participate in the program, you may be eligible to earn the same reward through an alternative option. Contact derwellness@milwaukee.gov as early as possible during the health appraisal period. The Department of Employee Relations will work with Workforce Health to find a solution that fits your health needs.



Privacy

Your personal health information is **confidential** and is **not shared** with the City.

The only information reported to the City includes:

- Whether you completed the health appraisal
- If applicable, a **positive nicotine/cotinine result** if no education session is completed
- **Aggregate (group-level) data** to help shape future wellness programming

2026 Health Appraisal: July 20 – December 11, 2026

Your Health Appraisal is a confidential, quick, and simple check-in on your health.

What You Get (all in one 30-minute visit!)

- Fingertick blood test: total cholesterol, HDL, LDL, triglycerides and glucose
- Blood pressure, weight and waist check
- Tobacco/nicotine test
- Interest survey and satisfaction questionnaire
- Immediate results review and resource guidance with a health educator

Fasting is **optional**. Please avoid eating or drinking anything for at least 10 minutes before your appointment.

Who Can Participate?

All employees AND spouses — even if you're not enrolled in City health insurance.

Why It Matters

- Avoid monthly fees on your health insurance
- Earn Healthy Rewards
- Catch health issues early

Important: Avoid Extra Monthly Fees

If enrolling in the City's **2027 health insurance**, both you and your spouse must complete the appraisal to avoid a monthly fee.

Monthly Fees:

- **\$30/month** — for EACH insured person who does not complete the Health Appraisal

Attention Nicotine Users:

If you test positive for tobacco/nicotine and plan to enroll in the City's 2027 health insurance, you will incur a monthly fee.

- **\$10/month** —for EACH insured person who tests positive for tobacco/nicotine during the Health Appraisal

Fee can be waived for each person who completes nicotine education by December 11, 2026.

- A nicotine health coaching session with Workforce Health, or
- A 60-minute virtual nicotine education class with Workforce Health



Take charge of your health and schedule your Health Appraisal appointment through the Wellness Portal: www.workforcehealth.org/cityofmilwaukee

New Participants:

- Select **Register**
- Company code: **0007**
- User ID:
Employee: Use your **6-digit Employee ID** (PeopleSoft ID)
Spouse: Use employee's 6-digit Employee ID (PeopleSoft ID) plus SP (Ex. 123456SP)

Returning Participants:

- Log in with your existing username and password
- **Need help logging in?**
Use Company code: 0007 to reset your password, or retrieve your username

Contact Workforce Health at 414-777-3410 for help, Monday-Friday: 7:30 a.m.-4:30 p.m.

2026 Health Appraisal Location Calendar:

Bay View Library (BVL)
2566 S Kinnickinnic Ave.

City Hall (City Hall)
200 E. Wells St.

DNS Lake Tower (DNS)
4001 S. 6th St.

DPW Central Garage (DPW CG)
2142 W. Canal St.

DPW Headquarters (DPW HQ)
3850 N. 35th St.

Good Hope Library (GHL)
7715 W. Good Hope Rd.

Fire & Police Training Academy (F&P)
6680 N. Teutonia Ave.

MFD Union Hall (MFD Union)
5625 W Wisconsin Ave.

Milwaukee Police Association (MPA)
6310 W. Bluemound Rd.

Northwest Health Center (NWHC)
7630 W. Mill Rd.

Port of Milwaukee (POM)
2323 S. Lincoln Memorial Dr.

Do not contact locations directly to schedule.

July						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
19	20 City Hall/DNS	21 City Hall/DNS	22 City Hall/DNS	23 City Hall/DNS	24 City Hall/DNS	25 City Hall
26	27 City Hall/DNS	28 City Hall/DNS	29 City Hall/DNS	30 City Hall/DNS	31 City Hall/DNS	
August						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2	3 City Hall/F&P	4 City Hall/F&P	5 City Hall/F&P	6 City Hall/F&P	7 City Hall/F&P	8 F&P
9	10 City Hall/F&P	11 City Hall/F&P	12 City Hall/F&P	13 City Hall/F&P	14 City Hall/F&P	15
16	17 DPW CG	18 DPW CG	19 DPW CG	20 DPW CG	21 DPW CG	22 DPW CG
23	24 DPW CG	25 DPW CG	26 DPW CG	27 DPW CG	28 DPW CG	29
30	31 BVL/ MFD Union					
September						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 BVL/ MFD Union	2 BVL/ MFD Union	3 BVL/ MFD Union	4 BVL/ MFD Union	5
6	7 Labor Day	8 MFD Union	9 MFD Union	10 MFD Union	11 MFD Union	12 MFD Union
13	14 DPW HQ	15 DPW HQ	16 DPW HQ	17 DPW HQ	18 DPW HQ	19
20	21 GHL/POM	22 GHL/POM	23 GHL/POM	24 GHL/POM	25 GHL/POM	26
27	28 City Hall	29 City Hall	30 City Hall			
October						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 City Hall	2 City Hall	3
4	5 F&P	6 F&P	7 F&P	8 F&P	9 F&P	10 F&P
11	12 POM	13 POM	14 POM	15 POM	16 POM	17
18	19 MPA	20 MPA	21 MPA	22 MPA	23 MPA	24 MPA
25	26 DPW HQ/MPA	27 DPW HQ/MPA	28 DPW HQ/MPA	29 DPW HQ/MPA	30 DPW HQ/MPA	31
November						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 City Hall	3 City Hall	4 City Hall	5 City Hall	6 City Hall	7 City Hall
8	9 DNS/NWHC	10 DNS/NWHC	11 DNS/NWHC	12 DNS/NWHC	13 DNS/NWHC	14
15	16 DNS	17 DNS	18 DNS	19 DNS	20 DNS	21 DNS
22	23 City Hall	24 City Hall	25	26 Thanksgiving	27	28
December						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
11/29	11/30 F&P/City Hall	1 F&P/City Hall	2 F&P/City Hall	3 F&P/City Hall	4 F&P/City Hall	5 F&P
6	7 F&P/City Hall	8 F&P/City Hall	9 F&P/City Hall	10 F&P/City Hall	11 F&P/City Hall	12

Schedule is subject to change.

Healthy Rewards Program 2026–2027




Program Overview

- **Dates:** July 1, 2026 – June 30, 2027
- **Who Can Participate:** All employees and spouses — even if not enrolled in City health insurance
- **To be eligible:** You must complete the 2026 Health Appraisal

Track and submit activities through the wellness portal: workforcehealth.org/cityofmilwaukee



BRONZE
75 Points
\$150



SILVER
100 Points
\$250



GOLD
125 Points
\$350

Biometric Points (Points available: 35)

Category	Optimal Range	Points
Blood Pressure	119/79 or lower	10
Blood Glucose	Fasting: less than 111, Non-fasting: less than 140	10
LDL	129 or lower	10
Nicotine Test	Negative (non-nicotine user)	5

Education Activities (Points available: 130)

Category	Description	Points
30-Minute Registered Dietitian or Health Coaching Session	Meet with a Workforce Health Registered Dietitian or Health Coach for personalized guidance in reaching your health goals. One session every 2 weeks. (Points awarded immediately)	10, Max 30
Action Plans	Complete a 6–8 week plan via the portal. Must enroll by May 1, 2027. (Points awarded immediately)	5, Max 10
Wellness Portal Challenges	Complete challenges available throughout the year. (Points awarded immediately)	Varies, Max 20
Workshops, Education & Presentations	Attend sessions by Workforce Health, UHC Nurse Liaison, Financial Wellness, or City Safety and Cyber Security (non-mandatory only). Attendance tracked by presenter.	Varies, Max 55
Financial Wellness Consultations	Meet with a Voya or non-Voya advisor. Form required for non-Voya; available on DER website and Wellness Portal.	10, Max 20

Preventive Activities (Points available: 85 points)

Category	Description	Points
NEW! Annual Physical	Submit EOB, bill, or letter from your Primary Care Provider.	20
NEW! Preventive Exams or Screenings	Mammogram, Skin Cancer, Colonoscopy, CT Lung Screening, Pap + Pelvic, Coronary Calcium Score, Bone Density Screening, PSA Screening. Submit EOB, bill, or letter from provider.	10, Max 40
Vision Exam	Submit EOB, bill, or letter from provider.	5
Biannual Dental Visits	Submit EOB, bill, or letter from provider.	5, Max 10
Flu Vaccine	Submit proof or attend a Workforce Health Flu Clinic.	5
NEW! Injury Prevention	Complete an ergonomic assessment with the Injury Prevention Clinic.	5
Blood Pressure Checks	Visit the Workplace Clinic, Nurse Liaison, Traveling Wellness Center and other partners.	1, Max 5

Physical Activity (Points available: 160)		
Category	Description	Points
Steps or Minutes Tracked Monthly	200,000 steps or 600 mins/month. Auto-tracked if synced to portal challenge.	5, Max 55
Fitness Classes or Gym Visits	Submit proof of 5 classes/visits per month. (in-person or virtual)	5, Max 55
Organized Athletic Events	5k, Stair Climb, Open Swim, Bike Event, and more! Submit registration or official results. (name & DOB required)	5, Max 25
Wellness Portal Fitness Classes	Complete 5 Workforce Health classes/month. (auto-tracked)	1, Max 25
Community Activities (Points available: 45)		
Category	Description	Points
CSA Membership	Submit proof of paid Community Supported Agriculture Share.	5
Formal Volunteer Events	1+ hour of volunteer time. Submit signed City verification form available on the DER website Wellness Portal.	5, Max 10
Blood Donation	Submit signed City donation verification form available on the DER website Wellness Portal.	5, Max 20
New! Mental and Behavioral Well-Being (Points available: 56)		
Category	Description	Points
Behavioral Health Session	Submit proof of session.	10, Max 30
Internal EAP Workshop, Education, QPR Training and Presentation	Attendance tracked by internal EAP presenter.	5, Max 20
Download the UHC Calm App	Submit screenshot of your account profile with name.	1
Psychological First Aid	Join internal EAP in a supportive intervention designed to help individuals in the immediate aftermath of a crisis or traumatic event. Attendance tracked by internal EAP presenter.	5



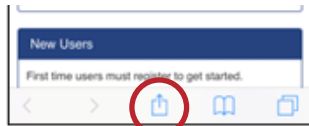
Add a Portal shortcut icon to your home screen, similar to an app.

Here's how:

1. Open a web browser on your phone.
2. Go to: workforcehealth.org/cityofmilwaukee

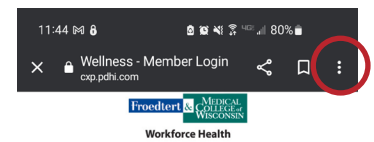
iPhone:

1. Tap the **Share icon** (square with an arrow pointing up).
2. Scroll down and tap **Add to Home Screen**.
3. Tap **Add**.



Android:

1. Tap the **Menu icon** (three dots in the top corner).
2. Select **Add to Home Screen**.
3. Tap **Add**.



Questions? Contact Workforce Health:

- Phone: 414-777-3410 | Monday–Friday: 7:30 a.m.–4:30 p.m.
- Email: cityofmilwaukee@froedtert.com

Wellness Portal: Visit workforcehealth.org/cityofmilwaukee or scan the QR code



For questions about your Health Reimbursement Account (HRA), email derwellness@milwaukee.gov




City of Milwaukee Benefits Information

Open Enrollment Period October 19 – 30, 2026

This is the only opportunity during the year, other than a qualifying event/family status change, to make changes or enroll in various benefit programs for 2027.

- Rate charts and a benefits guide are available on DER's website in October at www.milwaukee.gov/benefits.
- The Benefits Resource Center provides important benefits information: www.cityofmilwaukeebenefits.com.
- Call DER Benefits at 414-286-3184 with benefit questions, or for assistance enrolling or making changes to benefits (excluding the new voluntary benefits).

Department of Employee Relations (DER) Wellness Website and Text Messaging

-  Visit the DER's wellness website for current information on the City's comprehensive health and wellness program and to register for text message updates: www.milwaukee.gov/wycm.

Deferred Compensation

The City of Milwaukee Deferred Compensation Plan is a Section 457 defined contribution retirement plan that allows employees to put aside funds from each paycheck and save for retirement on a voluntary basis. Along with the City's or State's (for employees hired post 1/1/2024) Pension benefits and Social Security (if eligible), the Deferred Compensation Plan makes up an important part of an employee's retirement income. Deferred Compensation, through Voya, offers a number of education opportunities for employees and spouses including coaching appointments and financial wellness seminars and consultations, which qualify for Healthy Rewards points. Visit www.milwaukeedcp.com to learn more. If employees have questions, call 844-360-MDCP (844-360-6327), 414-286-5541, or email DEFKOM@milwaukee.gov.


A variety of appointment options are available with local Voya representatives. Schedule an appointment via the online scheduler: <https://0o0kvf15.timetap.com/> or contact 844-360-6327 or DEFKOM@milwaukee.gov

Financial Wellness seminars can be accessed online at any time for Healthy Rewards points: <https://voyadelivers.com/mdcp/presentations/>

Employee Assistance Program (EAP) Internal Program

The EAP is a confidential counseling, assessment and referral service for employees and families when they need help navigating resources for any situation that may be affecting their life.

- Consultation to address anxiety, stress symptoms, parenting/family and marital problems, alcohol and substance misuse, legal or debt/financial resources.
- Needs assessment with appropriate referrals for ongoing counseling and treatment, City of Milwaukee benefits and programs and community resources.
- Support to individuals impacted by traumatic events like an unexpected crisis, accident or sudden loss.
- Programs for individuals and departments addressing a variety of topics and tailored to fit specific circumstances.

-  For more information and resources on dealing with issues at home or work, contact Cris Zamora at 414-286-3145 or email czamora@milwaukee.gov.

Employee Safety

The City encourages all employees to register For MKE Alert online. To create an account, visit <https://accountportal.onsolve.net/cityofmilwaukeeemployees>

- You must create an account to receive Alerts – your City of Milwaukee user Name and login credentials will not Provide access to MKE Alerts.
- On the landing page, go to the “Need an Account” section on the right-hand side of your screen to register.
- Upon creating an account, users can choose how they want to receive information: via text, email, or calls to their mobile phones or landlines.
- To receive push notifications on a mobile device, account holders can choose to download the [CodeRED app](https://apps.apple.com/us/app/codered-mobile-alert/id468404991) (<https://apps.apple.com/us/app/codered-mobile-alert/id468404991>). (The CodeRed app is not required to receive alerts.)



+ Visit www.milwaukee.gov/Safety for ongoing updates and information on worker’s compensation, employee safety risks in the field, safety trainings, including annual safety training that is offered to employees. To share safety issues and concerns, email Safety1st@milwaukee.gov.

Froedtert & MCW Workforce Health

*These benefits are available to all employees and spouses, regardless of your enrollment in the UHC health plan

Health Coaching

Get help implementing healthy lifestyle changes with experienced health coaches and registered dietitians. Receive professional insight on physical activity, stress management, weight management, nutrition and more.

Workforce Health Kitchen: Live!

Join a Workforce Health registered dietitian for virtual workshops that teach nutrition advice, tips and tricks while preparing and cooking fun and healthy recipes each month.

Wellness Portal Challenges and Action Plans

Wellness portal challenges and action plans are self-guided experiences that focus on a health goal and track progress.

Diabetes Prevention Program

The Diabetes Prevention Program (DPP) is a virtual 12-month CDC-recognized diabetes lifestyle change program designed to significantly reduce the risk of type 2 diabetes.

+ Visit the Wellness Portal to sign up for Workforce Health offerings: www.workforcehealth.org/cityofmilwaukee

Become a Department Wellness Champion!

A Wellness Champion’s role is to help support and promote the City’s comprehensive Health and Wellness Program, plan and report on department specific initiatives and serve as an informational source for employees who want to be more involved and participate in available programs. Employees also receive Healthy Rewards points for volunteering as a Wellness Champion.

+ Email cityofmilwaukee@froedtert.com for information to become a department or division Wellness Champion.



Workforce Health

Froedtert & MCW Workforce Health

*These benefits are available to all employees and spouses, regardless of your enrollment in the UHC health plan

Workplace Clinic (WPC) and Injury Prevention Clinic (IPC)

Call the clinic at **414-777-3413** or use the Froedtert & MCW app to make appointments.

- City of Milwaukee employees and spouses — even if not enrolled in City health insurance can use the WPC and IPC.
- Dependents (18 months and older) enrolled in the City's health insurance can use the WPC.
- Dependents (13 years and older) enrolled in the City's health insurance can use the IPC.

The FREE clinics are located inside the Zeidler Municipal Building at the Market Street entrance and staffed by Froedtert & MCW licensed, board certified clinicians and physical therapists.

- Options for in-person and virtual appointments are available.

The **WPC** offers comprehensive care designed to support you through every stage of life, from treatment for minor illnesses and injuries to primary care and preventive services.

The **IPC** provides preventive measures to address new strains, muscle and joint issues before they become more serious. Services include optimizing ergonomics for office and home workstations, pain management education and recommendations, exercise instruction and correct posture and body mechanics to perform tasks safely.



The **Workplace Clinic** got me in right away and took care of everything — no pharmacy trip, no cost and no insurance to worry about.



Froedtert & MCW FastCare® Clinics

Visit www.froedtert.com/fastcare or use the Froedtert & MCW app to view a list of services and book an appointment at a location convenient for you.

- City of Milwaukee employees, non-Medicare retirees, spouses and dependents 18 months and older enrolled in the City's health insurance are eligible to receive a discounted visit. Additional charges apply for services not covered through the City's discount.
- Upon check-in, tell the clinic staff that you are eligible to receive a discount through the City of Milwaukee and show your City of Milwaukee UHC health insurance card.

Froedtert & MCW FastCare® Clinics are an alternative to the Workplace Clinic that offers same-day care, evening, weekend and some holiday hours at **locations inside select Meijer stores** and downtown Milwaukee **inside McKinley Health Center**.

Services include diagnosis and treatment of non-emergent minor illnesses and injuries including but not limited to sore throats, ear infections, sinus infections, flu and cold symptoms, skin rashes, musculoskeletal aches and strains and pink eye.



Workforce Health

UnitedHealthcare (UHC) Well-Being Resources



*These benefits are only available to individuals currently enrolled in the UHC health plan

Visit myuhc.com or the UnitedHealthcare App for instant access to important health information and tools, check the status of claims, learn about health conditions, treatments and costs, in-network providers, mail-order medications and more. Register to get started or call the number on your health plan ID card for assistance. Download from the App store for iPhone® or Google® Play for Android.

Onsite Nurse Liaison

An Onsite Nurse Liaison through UHC is available to help employees and spouses understand information and follow-up steps from doctor appointments, provide support for a serious medical condition, assist with medical and pharmacy claim issues, find the right type of care and address questions regarding care or treatment.

- For more information, visit milwaukee.gov/wycm.
- Call 240-549-9879 or email Mari Cohn at mari.cohn@uhc.com to schedule an appointment.

Real Appeal Weight Management

A pay-for-performance program designed to drive long-term results through small, achievable steps, combining group sessions, accountability, and personalized app-based support.

Kaia

A physical therapy app that provides on-demand, personalized support to help relieve minor aches and pains. Visit startkaia.com/uhc.

One Pass Select

Offers fitness memberships at various price levels that provide access to gym locations. Visit onepassselect.com

Maven Maternity

Provides personalized, engaging maternal health support through its digital platform, offering care and resources across pregnancy, miscarriage and loss, the postpartum period, partner support, and return-to-work transitions. Enroll through myuhc.com or UHC App under additional benefits.

UHC EAP Services

The UHC EAP connects participants with registered nurses or counselors who can provide assistance up to 3 free counseling sessions per incident per year on issues ranging from medical and family matters to personal, legal, financial and emotional needs. Call 1-888-887-4114.

Child and Family Behavioral Coaching (Bend)

Delivers personalized, goal-driven, evidence-based support for children, teens, and caregivers ages 1–25, provided by trained coaches under clinical supervision.

Virtual Behavioral Coaching

A personalized, coach-led program that supports mental well-being through weekly one-on-one video sessions focused on goal setting, skill building, and behavior change. Enroll through myuhc.com or UHC App under coverage & benefits - Mental Health.

Calm

The Calm app is a mental health wellness program that connects mind and body, with personalized, psychologist-created resources and on-demand videos and audio—available 24/7 at no extra cost.

Benefits and Wellness Contact List

Plan	Provider	Phone	Website / Email
Benefits Information	Department of Employee Relations/Benefits	414-286-3184	www.milwaukee.gov/benefits www.cityofmilwaukeebenefits.com derbenefits@milwaukee.gov
City of Milwaukee Pension Fund Wisconsin Retirement System (WRS)	Employees' Retirement System Wisconsin Department of Employee Trust Funds	800-815-8418 414-286-3557 1-877-533-5020	www.cmers.com https://etf.wi.gov/retirement/wrs-retirement-benefit
Commuter Value Pass	Department of Employee Relations	414-286-3184	derbenefits@milwaukee.gov
Deferred Compensation 457 Retirement Plan	Voya	844-360-6327	www.milwaukeeedcp.com
	Deferred Compensation	414-286-5541	www.milwaukee.gov/Deferred-Compensation-Plan DEFCOM@milwaukee.gov
Dental Benefits	Care Plus Plan Delta Dental	414-771-1711 800-236-3712	www.careplusedentalplans.com www.deltadentalwi.com
DER Wellness Website and Email	Department of Employee Relations	414-286-3184	www.milwaukee.gov/wycm derwellness@milwaukee.gov
Employee Assistance Program (EAP) - Internal	Department of Employee Relations/Benefits	414-286-3145	www.milwaukee.gov/der/eap
EAP – External (for UHC members)	UnitedHealthcare EAP	888-887-4114	www.myuhc.com
FastCare® Clinics	Froedtert & MCW Workforce Health		www.milwaukee.gov/wycm
Health Reimbursement Account and Flexible Spending	Ameriflex	888-868-3539	www.myameriflex.com service@myameriflex.com
Life Insurance	SunLife	414-286-3557	www.cmers.com/CMERS/Benefits/Life-Insurance.htm
Long Term Disability	Sun Life Financial	800-SUN-LIFE (800-247-6875)	www.sunlife.com/us
Medical Benefits	UnitedHealthcare	800-841-4901	www.myuhc.com
Onsite Nurse Liaison	UnitedHealthcare (UHC)	240-549-9879	www.milwaukee.gov/wycm mari.cohn@uhc.com
Pharmacy Benefits	UnitedHealthcare/OptumRx	800-841-4901	www.myuhc.com
Tuition Reimbursement	Department of Employee Relations	414-286-8049	www.milwaukee.gov/tuitionbenefit TuitionReimb@milwaukee.gov
Vision	MetLife	800-GET-MET8 800-438-6388	www.mybenefits.metlife.com
Voluntary Benefits (Accident, Critical Illness and Short Term Disability)	MetLife	800-GET-MET8 800-438-6388	www.mybenefits.metlife.com
Wellness Program Administrator	Froedtert & MCW Workforce Health	414-777-3410	www.workforcehealth.org/cityofmilwaukee cityofmilwaukee@froedtert.com
Worker's Compensation	CorVel	1-844-MIL-CLMS or 1-844-645-2567	www.milwaukee.gov/WC
Workplace Clinic & Injury Prevention Clinic	Froedtert & MCW Workforce Health	414-777-3413	www.milwaukee.gov/wycm