

# TAKE THE MOMENT

**2024**  
Mental Health  
Awareness Month



**1 in 5**

**U.S. adults**

experience mental illness  
each year

and only

**half**

of them receive treatment.



**1 in 20**

**U.S. adults**

experience a serious  
mental illness each year

and only

**2/3**

receive treatment.



**The average delay**

between onset of mental illness  
symptoms and treatment is

**11 years**



## City Of Milwaukee

**Mental health is critical to our  
overall well-being and quality  
of life.**

**Our goal is to reduce the related  
stigma, promote early intervention,  
and encourage individuals  
to seek help.**

### Resources

**Unitedhealthcare EAP: 1-888-887-4114**

**City of Milwaukee EAP: 414-286-3145**

**Workforce Clinic: 414-777-3410**

**NAMI SE Wisconsin: 414-344-0447**

**Suicide & Crisis Lifeline: 988**

Employee Assistance Program



City of Milwaukee EAP