
FOR IMMEDIATE RELEASE



FOR INFORMATION CALL

June 2, 2023

Ald. Russell W. Stamper, II
(414) 286-2659

MEDIA ADVISORY

Community invited to Saturday's 5k Walk in Lindsay Heights

Community members are invited to take part in the inaugural **Lindsay Heights Healthy Lifestyle 5K Walk** happening **TOMORROW - Saturday, June 3** starting at 9 a.m. at Johnsons Park. Sponsored and coordinated by the Walnut Way Conservation Corp., the event is aiming to raise awareness of the importance of a well-balanced and healthy lifestyle.

Questions about the event can be directed to mkewalkforthehealthofit@gmail.com.

Alderman Russell W. Stamper, II said the event will include potential prizes for participants and a limited supply of free T-shirts. "This inaugural Lindsay Heights Healthy Lifestyle 5K is a crucial step in a positive direction as Walnut Way grows and expands its efforts to improve the quality of life for residents," he said.

"I strongly encourage residents and neighbors to come out tomorrow morning to Johnsons Park, and I commend Walnut Way for looking to enhance the holistic health and wellness of the people who live in our historic African American community," Alderman Stamper said.

What: Lindsay Heights Healthy Lifestyle 5K Walk

When: Saturday, June 3 at 9 a.m.

Where: Johnsons Park, 1919 W. Fond du Lac Ave.

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