

---

FOR IMMEDIATE RELEASE



---

FOR INFORMATION CALL

August 21, 2015

Ald. Terry L. Witkowski  
(414) 286-2883

## Join Ald. Witkowski and Mayor Barrett for a late summer walk

Alderman Terry L. Witkowski will be joined by Mayor Tom Barrett for a walk in the Garden District (13<sup>th</sup> Aldermanic District) on **Tuesday, August 25**, as part of the “**Walk 100 Miles in 100 Days**” initiative.

The 1-mile walk will begin at **5:30 p.m.** Tuesday and should take about 20-25 minutes. Walkers will begin gathering at the **Cooper Playfield** at S. 22<sup>nd</sup> Pl. and W. Abbott. During the event, walkers will pass by Cooper School, its playfield and the many neighborhood flower gardens in the area.

“Walking helps the mind and body, and it is especially enjoyable when you can do it with friends and neighbors,” Alderman Witkowski said. “Please join the Mayor and me for a relaxing walk through the Garden District on Tuesday.”

“Walk 100 Miles in 100 Days” is a city-wide effort to engage Milwaukee residents and families to lead a more active lifestyle and implement physical activity into daily routines.

Please visit [www.city.milwaukee.gov/Walk100](http://www.city.milwaukee.gov/Walk100) for more details on the program, to see about registering and to track your progress. A list of scheduled walks can also be found on the website.

-30-