
FOR IMMEDIATE RELEASE



FOR INFORMATION CALL

August 6, 2014

Alderman José G. Pérez
(414) 286-3762

Historic Mitchell St. walk with Alderman Pérez and Mayor Barrett

Alderman José G. Pérez will be joined by Mayor Tom Barrett for a walk down Historic Mitchell Street in the 12th Aldermanic District on **Friday, August 8**, as part of the “**Walk 100 Miles in 100 Days**” initiative launched by the Mayor earlier this summer.

The 1-mile walk will begin at **12:15 p.m.** Friday and should take about 30 minutes. All residents and businesses are invited to take part, and walkers will gather in front of the starting point -- **St. Stanislaus Church, 524 W. Historic Mitchell St.** During the event, walkers will venture west on Historic Mitchell Street to S. 13th St., and then turn around and return to St. Stanislaus.

“Making walking or exercise a part of your daily routine is important. I invite neighbors to join Mayor Barrett and me for this noon hour walk on Historic Mitchell Street,” Alderman Pérez said.

“Walk 100 Miles in 100 Days” is a city-wide effort to engage Milwaukee residents and families to lead a more active lifestyle and implement physical activity into daily routines.

Please visit www.city.milwaukee.gov/Walk100 for more details on the program, to see about registering and to track your progress. A list of scheduled walks can also be found on the website.

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