

Walk 100 Miles in 100 Days 2016

Attention all City Employees:

**Get in your final miles for the
Walk 100 Miles in 100 Days
challenge **AND** earn Healthy
Reward points!**

**Participate in 5 weekday
wellness walks between
August 29 - September 16
and earn
5 Healthy Reward points!**

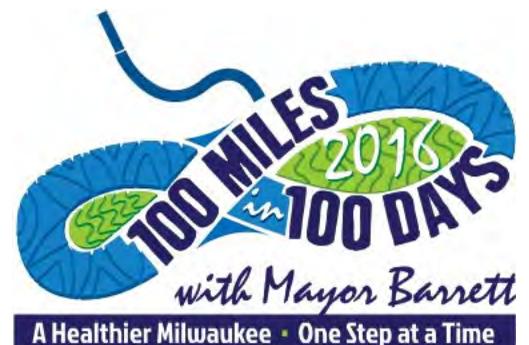
**Walks will start at noon at the
Wellness Center
(Zeidler Municipal Building)**

**Mayor Barrett will lead the walk on
September 9th from Pere Marquette
Park starting at noon.**

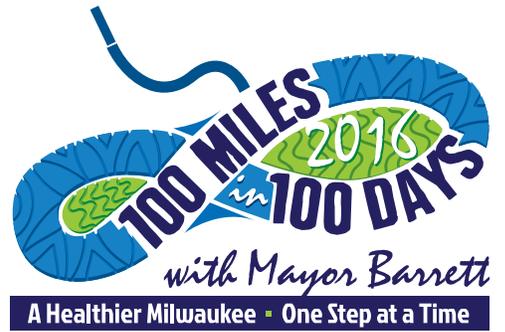
All walks will be 1-2 miles long
In case of rain, walks will be indoors



Workforce Health



Walk with the Mayor



Finale!

Celebrate the Walk 100 Finale

with raffle drawings, giveaways, light refreshments & a pre-walk warmup!



Friday

**September 9, 2016
starting at 12 Noon**

**Meet at Pere Marquette Park
900 N Plankinton Avenue**

Join in the fun for a chance to win
Fitbits, a Bucks basketball gift basket,
Roundy's gift cards, a Harley-Davidson
gift basket and more!



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