



CITY LABORER

Exam #1608-1013DC-001



**PERFORMANCE EXAMINATION
CANDIDATE ORIENTATION**

2016

INTRODUCTION

- This slide show is provided to explain the stations that are part of the City Laborer performance examination.
- **The performance exam for the City Laborer position involves physical stress. You must be in suitable physical condition to participate in the various components of this performance exam.**
- On the day of the test, the Test Administrators will give instructions before you begin.
- You may be scheduled to go through Station 1 and then Station 2, or you may begin with Station 2.
- **All of the exercises are timed. You will be expected to work quickly – but safely – at all times.**
- You will be given a two-minute break between stations.

STATION 1: Stacking Cobbles and Using a Tamper

Time = 7 minutes total

Task:

- You must wear your gloves and safety glasses for this exercise.



- Using proper body mechanics, load cobbles from the first pallet into the metal tub with handles. Load only as many cobbles as you can safely lift and carry.



STATION 1: Stacking Cobbles and Using a Tamper *CONTINUED ...*

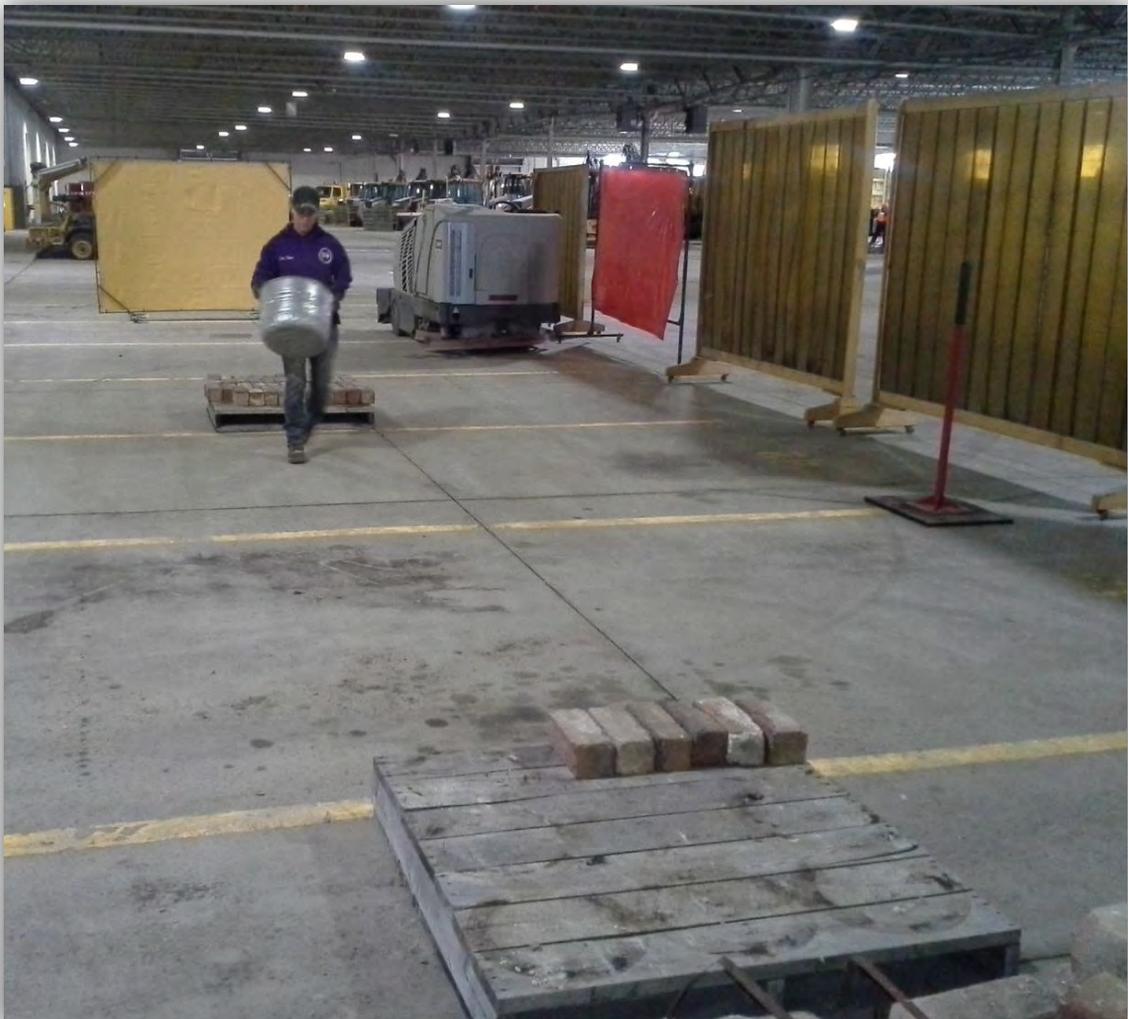
- Lift the tub and carry the cobbles to the other pallet. Place the cobbles on the second pallet in rows, copying the arrangement of the first pallet.



STATION 1: Stacking Cobbles and Using a Tamper

CONTINUED ...

- Return to the first pallet and load more cobbles into the tub. Carry them back to the second pallet and unload them.



STATION 1: Stacking Cobbles and Using a Tamper *CONTINUED ...*

- Continue this process until all of the **44 cobbles** have been placed in rows on the second pallet.



- You have **5 minutes** to complete this task. We will notify you when 2.5 minutes have passed.

STATION 1: Stacking Cobbles and Using a Tamper *CONTINUED ...*

- Immediately move over to the tamping station.
- Use the dirt tamper to tamp a piece of material **100 times**. The material simulates a bed of soil. A Test Administrator will count for you.



STATION 1: Stacking Cobbles and Using a Tamper *CONTINUED ...*

- For each repetition, you must make sure that the base of the dirt tamper reaches the height of your knees. If it does not, the test monitor will remind you.



STATION 1: Stacking Cobbles and Using a Tamper *CONTINUED ...*

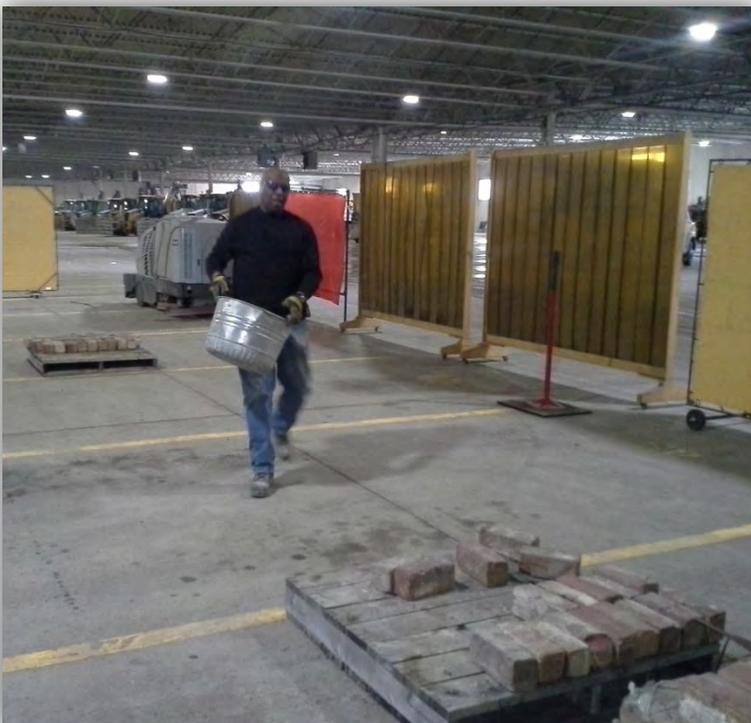
- You have **2 minutes** to complete this task, and you will be told when 1 minute has passed.



STATION 1: Stacking Cobbles and Using a Tamper *CONTINUED ...*

- **NOTES:**

- If at any time you conduct yourself in an unsafe manner, the Test Administrator will stop the performance test, and you will not pass this exam.
- Begin the exercise when the Test Administrator says **START**.



STATION 2: Shoveling Gravel and Using a Wheelbarrow

Time = 7 minutes total

Task:

- You must wear your gloves and safety glasses for this exercise.

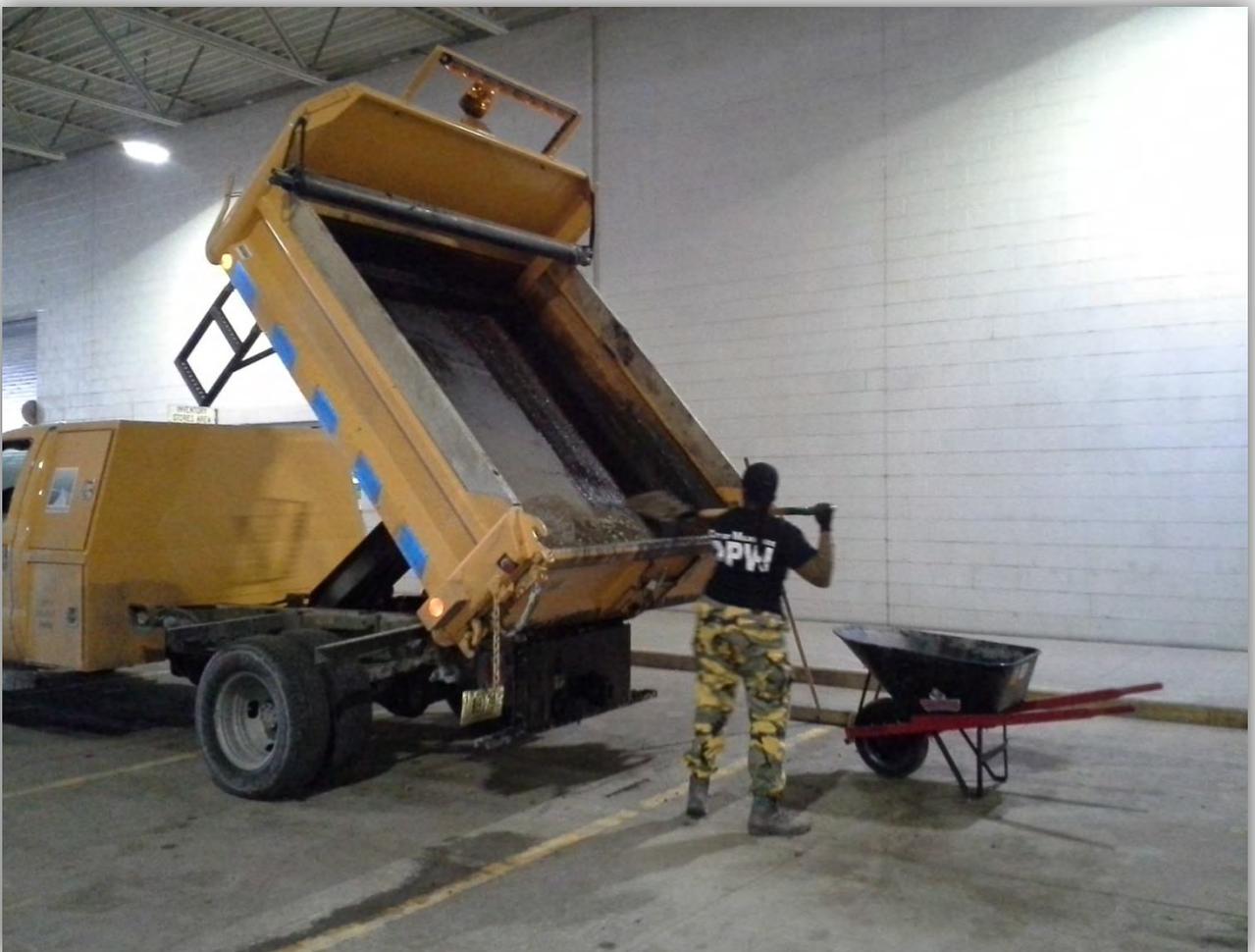


- Using proper body mechanics and lifting technique, transfer **438 pounds** of gravel from one truck bed to another using a wheelbarrow.



STATION 2: Shoveling Gravel and Using a Wheelbarrow *CONTINUED ...*

- Shovel gravel out of the first truck bed and into the wheelbarrow.



- *You are not allowed to climb into the bed of either truck, nor are you allowed to use the chute.*

STATION 2: Shoveling Gravel and Using a Wheelbarrow *CONTINUED ...*

- Push the load through the two-cone maze to the marked line ...



... and
dump the
gravel at
the base
of the second truck.



STATION 2: Shoveling Gravel and Using a Wheelbarrow *CONTINUED ...*

- Push the wheelbarrow in a straight line back to the first truck ...



... refill it ...



... and once again push the load through the cones to the marked line, dumping the gravel at the base of the second truck.

STATION 2: Shoveling Gravel and Using a Wheelbarrow *CONTINUED ...*

- Make as many trips as are necessary to transfer all of the gravel out of the first truck bed.
- Shovel all of the gravel that is at the base of the second truck into the truck bed.



- You have **7 minutes** to complete this task. We will notify you when 3.5 minutes have passed.

STATION 2: Shoveling Gravel and Using a Wheelbarrow *CONTINUED ...*

- **NOTES:**

- There are two shovels – one near each truck bed.
- You are not allowed to climb into the bed of either truck, nor are you allowed to use the chute.
- If the wheelbarrow tips over and gravel falls out, you must reload the wheelbarrow using a shovel and continue the exercise. Time will continue to run.



STATION 2: Shoveling Gravel and Using a Wheelbarrow *CONTINUED ...*

- **NOTES, continued:**
 - If at any time you conduct yourself in an unsafe manner, the Test Administrator will stop the performance test, and you will not pass this exam.
 - Begin the exercise when the Test Administrator says **START**.



REMEMBER!

- The performance exam for the City Laborer position involves physical stress. You must be in suitable physical condition to participate in the various components of this performance exam.
- All of the exercises are timed. You will be expected to work quickly – but safely – at all times.

*Good
Luck!*