



City of Milwaukee

Early Intervention Physical Therapy Clinic

Preventive measures and care to address strains and musculoskeletal issues before they become a more serious health claim or injury.

Location: Room 101

841 N. Broadway, Milwaukee (Zeidler Municipal Building)
Enter through the Market St. entrance on the corner
of Kilbourn Ave. and Market St.

Hours and Appointments:

Monday and Thursday:

11:30 a.m. - 3:30 p.m.

To make an appointment, please call **414-777-3413**.

Cost: The clinic is **FREE** for all City of Milwaukee employees, their spouses and domestic partners. You do not need to have health insurance through the City to utilize.

Parking is now available for employees/spouses who do not work at the City Hall Complex. You may park at the 1000 N. Water Street parking structure and you **MUST** bring your parking ticket to your appointment in order to get a parking voucher.

Treatment Services:

- Perform screening, consultation, and education services to prevent and treat potential musculoskeletal injuries.
- Address pains, strains and potential issues that occur at work or home before it becomes a health care claim or injury.
- Plan interventions, including specific stretching, strengthening and/or conditioning exercises.
- Make recommendations for self-management of symptoms or provide education in proper postures and body mechanics for performing tasks safely.



Workforce Health



City of Milwaukee

Early Intervention Physical Therapy Clinic

FAQ

What are the Early Intervention Physical Therapy (PT) Clinic hours?

The clinic is open every Monday and Thursday from 11:30 a.m. - 3:30 p.m.

How do I make an appointment?

Call 414-777-3413 to schedule an appointment.

Is there a cost to use the Early Intervention PT Clinic?

There is no charge for employees/spouses/domestic partners to use the Early Intervention PT Clinic.

Who operates the Early Intervention PT Clinic?

The clinic is operated by Froedtert & the Medical College of Wisconsin Workforce Health and staffed by a licensed physical therapist.

What types of services are offered at the Early Intervention PT Clinic?

- Screening, consultation and education services to prevent and address potential musculoskeletal injuries that occur at work or home prior to them becoming a more serious health care claim or injury.
- Interventions including stretching, strengthening and conditioning exercises.
- Recommendations for self-management of symptoms including education in proper postures and body mechanics for performing tasks safely.
- If you are currently being seen by a provider (Physician, NP, Chiropractor, APNP, etc.) for a condition, we cannot see you for the same condition.

How does this differ from the Workplace Clinic?

- The Workplace Clinic is open to employees/spouses for the **diagnosis and treatment** of minor illnesses and injuries including sore throats, ear aches, sinus infections, flu or cold symptoms, skin rashes, urinary tract infections, sprains/strains and pink eye. It also includes coordination of chronic conditions like diabetes, high blood pressure and cholesterol.
- The Early Intervention Clinic is also open to employees/spouses; however, the Early Intervention clinic **focuses on preventive measures and care** to address strains and musculoskeletal issues prior to them becoming a more serious health care claim or injury.



Workforce Health