

city of milwaukee health department

have the **safest** baby on the **block**



safe sleep:

- a **crib**
- a **mattress**
- a **tight-fitting sheet**
- a baby placed on his/her **back to sleep**

share a **room** with your baby, not a **bed**

Babies who sleep alone in a crib without bumper pads, blankets, toys or pillows are LESS likely to die from SIDS.

For more information, please call Southside Health Center at
414-286-8620

Think Health 
Act Now!
CITY OF
MILWAUKEE
HEALTH DEPARTMENT

Tom Barrett, Mayor
Bevan K. Baker,
Commissioner of Health
www.milwaukee.gov/health