

# One Pass Select™

## Flexible fitness options for all

Being healthy shouldn't be a grind. It should involve trying new things, exploring new foods and pushing yourself to be slightly better than you were the day before.

With One Pass Select, our mission is to make being healthy fun for all. No matter your current fitness level, we have a wide variety of activities to challenge you and your eligible family members (18+). From strength training and swimming, to yoga and spin classes, you can try new things and push yourself physically and mentally. And that's not all. Get access to digital fitness apps and home grocery delivery to make it even more convenient to become a better you.



### Choose the membership\* that fits your lifestyle

**\$29/Mo**

**Classic**

12,000+ gym locations

**\$64/Mo**

**Standard**

13,500+ gym and premium locations

**\$99/Mo**

**Premium**

16,000+ gym and premium locations

**\$144/Mo**

**Elite**

18,000+ gym and premium locations

**\*An enrollment fee may apply.**

**Or get started with a digital-only plan for \$10/Mo.**

**All tiers Classic or above come with grocery and home essentials delivery at no extra cost.**

### One Pass Select is simple to set up

Your One Pass Select member code is a single code that will get you access to any fitness location in your chosen network tier. Additionally, use it for online fitness vendors and other One Pass offerings.

1. Go to [OnePassSelect.com](https://OnePassSelect.com)
2. Click "Get Started"
3. First time visitors, follow the prompts to register. Returning users log in with email and password
4. Get your One Pass Select member code on the dashboard page
5. Click "How to use code" to learn more about how to use your unique One Pass Select member code to access all of your services



**Get started today**  
Visit [OnePassSelect.com](https://OnePassSelect.com)



One Pass Select is a voluntary program featuring a subscription based nationwide gym network, digital fitness and grocery delivery service. The information provided under this program is for general informational purposes only and is not intended to be nor should be construed as medical advice. Individuals should consult an appropriate health care professional before beginning any exercise program and/or to determine what may be right for them. Purchasing discounted gym and fitness studio memberships, digital fitness or grocery delivery services may have tax implications. Employers and individuals should consult an appropriate tax professional to determine if they have any tax obligations with respect to the purchase of these discounted memberships or services under this program, as applicable. One Pass Select is a program offered by Optum. Subscription costs are payable to Optum.

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