Walk with the Mayor!

100 MILES in 100 DAYS 2016
with Mayor Barrett
A Healthier Milwaukee • One Step at a Time

Walk 100 Miles in 100 Days is an initiative to encourage Milwaukee residents and families to lead a more active lifestyle.

Join Mayor Tom Barrett

on Wednesday, June 1, 2016

for the kick-off walk

Meet in the City Hall Rotunda at noon

All remaining walks will be led by Workforce Health employees and will start promptly at noon at the Wellness Center. All walks will be 1–2 miles long.

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City employees who participate in 5 weekday walks over 10 days will earn

5 Healthy Rewards Points!

WELLNESS YOUR CHOICE MILWAUKEE

Froedtert & Medical College of Wisconsin
Workforce Health